

WaiBop Secondary Schools Athletics Association



Event Specifications for Secondary School Track and Field Implement Weights

	Javelin	Discus	Shot Put	Hammer
	(gm)	(kg)	(kg)	(kg)
Senior Boys	700	1.50	5.00	5.00
Intermediate Boys	700	1.25	5.00	5.00
Junior Boys	600	1.00	4.00	4.00
Senior Girls	500	1.00	3.00	3.00
Intermediate Girls	500	1.00	3.00	3.00
Junior Girls	500	1.00	3.00	3.00

Hurdle Measurements

	Distance (metres)	Height (mm)	No. of Hurdles	Distance to first (metres)	Distance between (metres)	Run off (metres)
Senior Boys	110	914	10	13.72	9.14	14.02
Intermediate Boys	100	840	10	13	8.5	10.5
Junior Boys	80	762	8	12m	8.0	12.0
Senior Girls	100	762	10	13m	8.5	10.5
Intermediate Girls	80	762	8	12m	8.0	12.0
Junior Girls	70	762	8	11m	7.0	10.0
Open Boys	300	840	7	50m	35	40.0
Open Girls	300	762	7	50m	35	40.0

Event Qualifying and Measurement Distances for Zones

Measurement distances

These are the guide distances to be the minimum distance achieved to be measured. This will be marked out by officials on the throwing sector or alongside the jumping pit prior to the event.

Qualifying distances

This is the distance that is required to be achieved for **extra throws** beyond the first three trials.

If more than 8 competitors achieve this mark, only the top 8 will be awarded extra attempts.

See Table Below for each Event and Grade

GRADE	Shot Put		Discus		Javelin		Long Jump		Triple	
	Qualify Mark	Measure Mark	Qualify Mark	Measure Mark	Qualify Mark	Measure Mark	Qualify Mark	Measure Mark	Qualify Mark	Measure Mark
JUNIOR BOYS	9.75m	8.00m	28.50m	20.0m	26.00m	21.00m	4.90m	4.20m	10.00m	9.20m
JUNIOR GIRLS	8.00m	6.50m	19.00m	15.00m	15.50m	10.00m	4.20m	3.60m	8.70m	7.70m
INTERMEDIATE BOYS	11.50m	9.50m	32.00m	23.00m	35.00m	25.00m	5.30m	4.70m	11.10m	10.00m
INTERMEDIATE GIRLS	9.00m	7.00m	22.00m	16.00m	23.00m	16.00m	4.50m	3.80m	9.20m	8.00m
SENIOR BOYS	12.00m	10.00m	33.00m	25.00m	40.00m	33.00m	5.60m	4.80m	11.50m	10.00m
SENIOR GIRLS	8.00m	7.00m	23.00m	18.00m	23.00m	18.00m	4.40m	3.80m	9.50m	8.00m

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Information for Para Athletes Assistance at Events

Events for Para athletes are listed in Event information Sheet for your Zone

- ✓ (Please make sure you provide appropriate supervision and assistance for your athletes)

If you have Para Athletes who would like to compete in events outside of those listed above and are of a suitable standard to do so please contact Kelsey Abbott (WSSSA Administrator) with their performances. Kelsey@sportwaikato.org.nz. If considered appropriate they will compete within their age group.

Athletes will compete in their age groups for field events using the Para Athletes weights. Results will be collated at the end of the meet. Track events will be run as open events as scheduled.

Para athletes will have a track classification (T) and/or a field classification (F). The following track and field classifications relate to the following impairments.

- T11 – T13 and F11 – F13 Visual Impairment (VI)
- T20 and F20 Intellectual Impairment (II)
- T32 – T38 and F31 – F38 Cerebral Palsy and Neurological Impairments (CP)
- T40 – 41 and F40 - 41 Short Stature (SS)
- T42 – T47 and F42 – F46 Amputees and Other Impairments (AO)
- T51 – T54 and F51 – F57 Wheelchair and throwing frame user (WC)
- T61 – T64 and F61 – F64 Athletes who compete using prosthetic lower limbs (PL)

For athletes wishing to compete with an official classification please contact classification@paralympics.org.nz or (09) 526 0760 for information on eligibility

NOTE THESE EVENTS ARE PART OF A CHAMPIONSHIP.

Para Athletes should have come through your school's qualifying program. This is not a "Have a Go" event.

Please contact Waikato Secondary Schools Sports Association if your athlete requires extra equipment or information assistance for Para Athletes.

When entering Para Athletes online please indicate if possible their classification or disability if not classified from the drop down box

WaiBop Secondary Schools Athletics Association



Implement Weights for Para athletes

SENIOR BOYS & GIRLS - FIELD

Over 16 years as at 1 January 2018

Impairment Group	Classification	Boys			Girls		
		Discus	Javelin	Shot Put	Discus	Javelin	Shot Put
VISUAL IMPAIRMENT (PAVI)	F11-13	1.50kg	700g	5.00kg	1.00kg	500g	3.00kg
INTELLECTUAL IMPAIRMENT (PAII)	F20	1.50kg	700g	5.00kg	1.00kg	500g	3.00kg
PHYSICAL IMPAIRMENT							
Cerebral Palsy (PACP)	F35-36	1.00kg	600g	4.00kg	1.00kg	500g	3.00kg
	F37	1.00kg	600g	5.00kg	1.00kg	500g	3.00kg
	F38	1.50kg	700g	5.00kg	1.00kg	500g	3.00kg
Short Stature (PASS)	F40-41	1.00kg	600g	4.00kg	750g	400g	3.00kg
Amputee & Others (PAA/O)	F42-47	1.50kg	700g	5.00kg	1.00kg	500g	3.00kg
Wheelchair (PAWC)	F33	1.00kg	600g	3.00kg	1.00kg	500g	3.00kg
	F34	1.00kg	600g	4.00kg	1.00kg	500g	3.00kg
	F52	1.00kg	600g	2.00kg	1.00kg	500g	2.00kg
	F53	1.00kg	600g	3.00kg	1.00kg	500g	3.00kg
	F54-56	1.00kg	600g	4.00kg	1.00kg	500g	3.00kg
	F57	1.00kg	600g	4.00kg	1.00kg	500g	3.00kg
	F58	1.00kg	600g	5.00kg	1.00kg	500g	3.00kg

JUNIOR BOYS & GIRLS - FIELD

Under 16 years as at 1 January 2018

Impairment Group	Classification	Boys			Girls		
		Discus	Javelin	Shot Put	Discus	Javelin	Shot Put
VISUAL IMPAIRMENT (PAVI)	F11-13	1.00kg	700g	4.00kg	1.00kg	500g	3.00kg
INTELLECTUAL IMPAIRMENT (PAII)	F20	1.00kg	700g	4.00kg	1.00kg	500g	3.00kg
PHYSICAL IMPAIRMENT							
Cerebral Palsy (PACP)	F35-36	750g	500g	3.00kg	750g	500g	2.00kg
	F37	750g	500g	3.00kg	750g	500g	2.00kg
	F38	750g	600g	3.00kg	750g	500g	2.00kg
Short Stature (PASS)	F40-41	1.00kg	400g	3.00kg	750g	400g	2.00kg
Amputee & Others (PAA/O)	F42-47	1.00kg	600g	4.00kg	1.00kg	400g	3.00kg
Wheelchair (PAWC)	F33	750g	500g	2.00kg	750g	500g	2.00kg
	F34	750g	500g	3.00kg	750g	500g	2.00kg
	F52	750g	400g	2.00kg	750g	400g	2.00kg
	F53	750g	400g	2.00kg	750g	400g	2.00kg
	F54-56	750g	400g	2.00kg	750g	400g	2.00kg
	F57	1.00kg	500g	2.00kg	750g	400g	2.00kg
	F58	1.00kg	500g	3.00kg	750g	400g	3.00kg