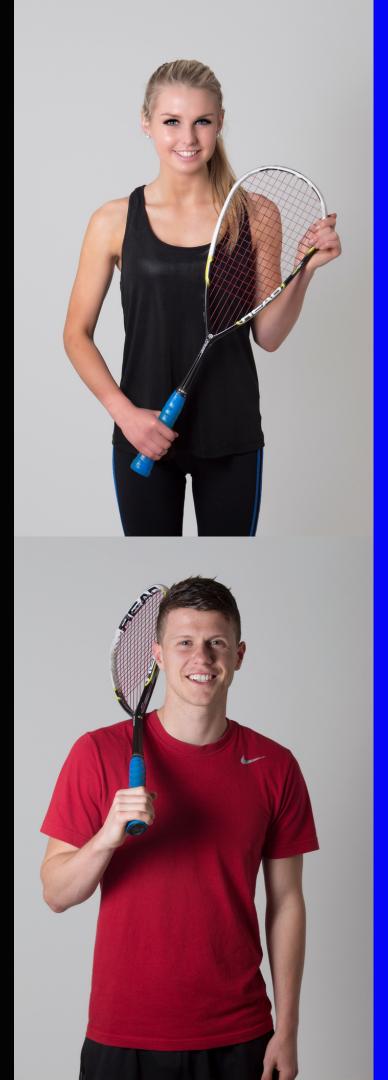
TRY IT. PLAY IT. LOVE IT.

SQUASHIN THE WAIKATO - 2021

Secondary Schools





INTRO to Squash



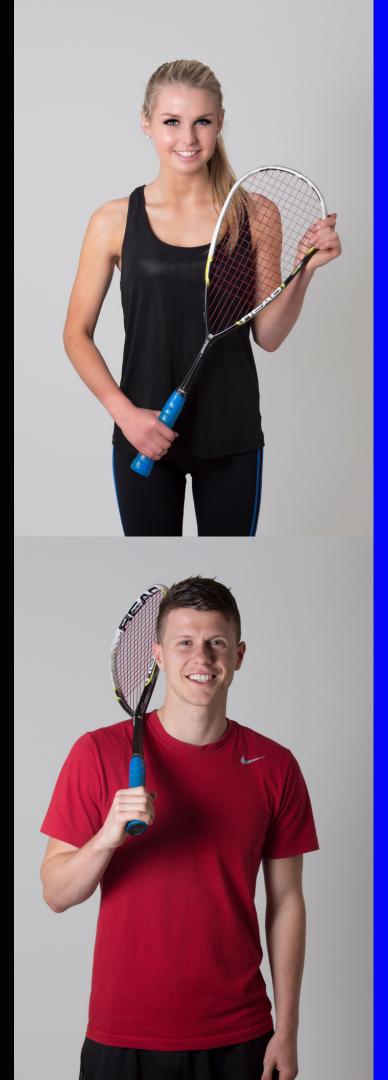
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TERM1
4 week Club based coaching. FREE to join



TERM 2 4 week Round Robin Inter-schools 'Have a go event'





INTRO to Squash - 4 week Coaching detail:

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The first session will overview Squash - the rules, principles and how it compliments many Fundamental Skill components that cross-over into other sports

- General Court Movement
- Ball Control
- Technique
- Gameplay

4 1440

Coaches - keeping it local

Community based coaches



Learn the Fundamentals of squash

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Emma Millar - NZ Senior Womens Champion



Fun movement based activities with your friends

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Finn TrimbleNZ Junior Champion



Team based competition

Kay NewmanWorld Masters Champion



Details Coaching starts

Dates: Coaching starts on Monday, 15th March, 2021

Time: 4.00 pm - 5.00 pm

Where: Local Squash Club. (TBA)

Cost: FREE

Competition starts

Dates: 4 week competition starts on Monday, 10th of May,

2021

Time: 4.00 pm - 5.00 pm

Where: based on draw - TBA

Cost: \$30 per team

TRY IT. PLAY IT. LOVE IT.

Key Dates for Squash 2021

Waikato Inter-schools 'Give Squash a go' Coaching module
Starts 15th of March, 2021



Waikato Inter-schools 'Give Squash a go' Competition Starts 10th of May, 2021

Werder One Day Junior series

Starts 11th of April, 2021

https://www.squashwaikato.co.nz/events-1/junior-1-day

Waikato Secondary Schools
Individuals 10th of June | Teams - 15 & 17th of June

Let's get started.



EXPRESSIONS OF INTEREST BEING TAKEN NOW

WWW.SQUASHWAIKATO.CO.NZ

ACCESS TO FACILITIES 24/7

Questions?

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Richard Harris

Development Officer