Athletics Waikato Bay of Plenty

# SUMMER HANDBOOK
# 2021-2022

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***ATHLETICS WAIKATO-BAY of PLENTY***
***TRACK & FIELD HANDBOOK for the 2021-22 SEASON***


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***See our website: www.athleticswaikatobayofplenty.org.nz***

**Also stay up to date with our latest news and information by liking us on Facebook**

# ATHLETICS WAIKATO-BAY OF PLENTY INCORPORATED

*PO Box 46 Hamilton 3240*
**Tel: 0 7 858 5392**
Email: administrator@athleticswbop.org.nz ~
Website: www.athleticswaikatobayofplenty.org.nz

**PERSONNEL DIRECTORY**

**Life Members** J Vedder-Price M Oman K Diprose D M Taylor E A Taylor B Addison G Caddie J Rawnsley

**Board Members** Thomas Refoy-Butler, Ashleigh Sando, Tony Rogers, Sally Kerr

**President** Murray Green, 916 Bond Road RD1 Te Awamutu — Tel 027 621 6608, teawamutu@paperplus.co.nz

**CoachForce Athletics Bay of Plenty**

Kerry Hill — Mob 021 588 174, khill92@hotmail.com

**Waikato Athletics Development Advisor**

Louise Young, PO Box 46, Hamilton 3240 — Mob 021 1254 228, louisey@athleticswbop.org.nz

**Executive Officer**

Steve Rees-Jones, PO Box 46 Hamilton 3240, Athletics Waikato-Bay of Plenty, administrator@athleticswbop.org.nz — Tel 07 858 5392

## Children's Committee

**Chair** Sandra Murray — sanben677@gmail.com

## Waikato-Bay of Plenty Officials

**Education** Heather O'Hagan, Box 106 Paeroa — Tel 07 862 7163, heathersohagan@gmail.com

## Waikato-Bay of Plenty Secondary Schools Association

**Contact** Brad Smith, Tauranga Boys' College — Tel 027 368 7375, b.smith@taurangaboyscollege.school.nz

## New Zealand Secondary Schools Association

**Liaison** John Tylden — Tel 07 843 0353 / 027 264 5030, tylden@xtra.co.nz

## WAIBOP Masters Association

**Vice-President** Murray Clarkson — wbopmasters@xtra.co.nz

## Arbitration Panel

John Tylden, Murray Green, Brett Addison, Andrew Langman, Joan Rawnsley, Murray Clarkson, Dianne Rodger

## Important Information for Open Meet competition

## AGE GRADES & ELIGIBILITY
## TRACK & FIELD & COMBINED EVENTS COMPETITIONS

Age restrictions as follows, as per ANZ By-Laws C1.2 (Age Definitions) and C3-2 –Eligibility, paragraph 2

An athlete competing in either the U20 Men or U20 Women and U18 Men and U18 Women grades shall be aged 14, 15, 16, 17, 18, or 19 years on the **31st December in the year of competition.**

An athlete competing in either the Senior Men or Senior Women Grades shall be aged 16 years or over on the **31st December in the year of competition.**

Masters Athletes: An athlete competing in Master Men grades shall be aged 35 years and over, or for Master Women grades aged 30 years and over, on their birthdays as per Master Age Definitions.

Each Age Group has a minimum age where athletes are eligible to compete.
Any athlete younger than the minimum age is required to compete in children's competitions.

The Management Committee of AWBOP on application in writing may at their sole discretion permit an athlete who is ineligible to compete in a specific event.

Entry to Open Meet Competition
**Note that for 2021/22 all open meetings will be online entry only.** $7 entry fee per athlete applies to AWBOP Open Meets. Entries for events will close on the Thursday prior to each event. The same fee and entry time conditions apply to children competing at senior meets. Unregistered athletes may compete at these open meets for a fee of $15.

IAAF false start rules apply to all AWBOP meetings- i.e. an athlete, after assuming a full and final set position, shall not commence his start until after the report of the gun. If, in the judgment of the Starter or Recaller, he does so any earlier, it shall be deemed a false start. Except in combined events, any athlete responsible for a false start shall be disqualified- see IAAF rule 162.6,7,8

**GRADE UNDER 16**

AWBOP has a grade under 16 (age as of 31st December 2021). Athletes will stay in this age grade all season – the same as with children's grades. This grade fits between children's grade 14 and the Under 18 grade. Events for this age grade will be held at all open meeting and AWBOP championships for both boys and girls. This age grade is not a New Zealand Championship Grade.
Events for this Grade are **Girls:** 100, 200, 400, 800, 1500, 3000, 80M Hurdles (762) Long Jump, High Jump, Triple Jump, Shot (3kg) Discus (1kg) Javelin (500g) Hammer (3kg). **Boys:** 100, 200, 400, 800, 1500, 3000, 100m Hurdles (840), Long Jump, High Jump, Triple Jump, Shot (5kg) Discus (1.25kg) Javelin (600g) Hammer (4kg).

**Records**
Must be the actual age at date of performance - not as per Age Grouping
Note: Athletics NZ now maintain record performances in yearly steps - but Athletics Waikato-Bay of Plenty does not.

**Open Meeting Competition Fee for Registered Athletes -**$7 (can compete in as many events as wanted)

**Open Meeting Competition Fee for Non-registered Athletes -**$15 (can compete in as many events as wanted)

**Open Meetings will be Online entry only, entries closing the Thursday before the event.**

# 2021-2022 Calendar of Regional Events

| | | | |
|---|---|---|---|
| **OCT 2021** | | | |
| Sun 10 Oct | Masters Have a Go Day | Porritt | Midday |
| Sat 16 Oct | Open Meeting | Porritt | 3.00pm |
| Sat 30 Oct | Open Meeting | Porritt | 3.00pm |
| **NOV 2021** | | | |
| Sat 6 Nov | Whakatane Ribbon Day | Whakatane | 10.00am |
| Sat 6 Nov | Open Meeting | Tauranga | 3.00pm |
| Sun 7 Nov | Sam Johnson Throws Meeting | Porritt | 10.00am |
| Sat 13 Nov | Fairfield Ribbon Day | Porritt | 10.00am |
| Sun 14 Nov | Masters Have a Go Day | Porritt | Midday |
| Sat 20 Nov | Lake City Ribbon Day | Lake City | 10.00am |
| Sat 20 Nov | Open Meeting | Tauranga | 3.00pm |
| Sat 27 Nov | Te Awamutu Ribbon Day | Te Awamutu | 10.00am |
| Sat 27 Nov | Open Meeting | Tauranga | 3.00pm |
| Sat 27 Nov/Sun 28 Nov | North Island Masters | Auckland | |
| **DEC 2021** | | | |
| Sat 4 Dec | Children's Relay Champs | Porritt | 10.00am |
| Sun 12 Dec | Masters Xmas Meeting | Tauranga | Midday |
| Thu 16-Sat 18 Dec | NZ Sec Schools/ANZ U16/U18 Champs | Inglewood | |
| Sun 26 Dec | King/Queen of Mountain | Mt Maunganui | 2.30pm |
| **Jan 2022** | | | |
| Sat 1 Jan | Tauranga Twilight | Tauranga | 2.00pm |
| Fri 7- Sun 9 Jan | North Island Colgate Games | Wellington | |
| Fri 14-Sun 16 Jan | South Island Colgate Games | Invercargill | |
| Sat 15 Jan | Open Meeting (with Steeple champs) | Tauranga | 3.00pm |
| Sat 22 Jan | Potts Classic | Hastings | |
| Sun 23 Jan | WBOP Masters Champs | Tauranga | 9.00am |
| Sat 29 Jan | U14, U16, U18 Inter-provincials | Auckland | |
| Sat 29 Jan | Open Meeting | Porritt | 3.00pm |
| Sat 29 Jan | Cooks Classic | Whanganui | |
| **FEB 2022** | | | |
| Sat 5 Feb | Capital Classic | Wellington | |
| Sat 12 Feb | Tokoroa Ribbon Day | Tokoroa | 10.00am |
| Sat 12 Feb | WBOP Senior Champs + Putaruru Bell | Tauranga | 1.30pm |
| Sun 13 Feb | WBOP Senior Champs + Putaruru Bell | Tauranga | 9.00am |
| Thu 17 Feb | International Track Meeting | Christchurch | |
| Sat 19 Feb | Open Meeting | Tauranga | 3.00pm |
| Sun 20 Feb | Masters Trophy Day | Porritt | Midday |
| Sun 20 Feb | Sir Graham Douglas Meeting | Waitakere | |
| Sun 20 Feb | Te Aroha Ribbon Day | Te Aroha | 10.00am |
| Sat 26 Feb | Cambridge Pentathlon | Cambridge | 9.00am |
| Sat 26 Feb | Open Meeting | Porritt | 3.00pm |
| **MAR 2022** | | | |
| Fri 4- Sun 6 Mar | NZ Track and Field Champs | Hastings | |
| Sat 5 Mar | Bellevue Ribbon Day | Tauranga | 10.00am |
| Tues 8 Mar | WBOP Sec Schools Central Zones | Porritt | 9.00am |
| Wed 9 Mar | WBOP Sec Schools BOP Zones | Tauranga | 9.00am |
| Thu 10 Mar | WBOP Sec Schools King Country Zone | Te Awamutu | 9.00am |
| Fri 11-Sun 13 Mar | NZ Masters Track and Field Champs | Wellington | |
| Sat 12 Mar | Paeroa Ribbon Day | Paeroa | 10.00am |

| | | | |
|---|---|---|---|
| Tues 15 Mar | WBOP Sec Schools Thames Valley Zone | Paeroa | 9.00am |
| Sat 19 Mar | WBOP Children's Champs | Porritt | 9.30am |
| Sun 20 Mar | Masters Pentathlons | Tauranga | 9.00am |
| Tues 22 Mar | WBOP Sec Schools Champs | Porritt | 9.00am |

**April 2022**

| | | |
|---|---|---|
| Sat 2- Sun 3 April | North Island Sec Schools Champs | Palmerston North |
| Fri 15-Sun 17 April | Grade 12/13 Inter-provincials | Invercargill |

# Event Timetables for Regional Senior Meetings

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OPEN MEETING Porritt Stadium Saturday 16th October

| | TRACK | | FIELD |
|---|---|---|---|
| 3.00 | 300/400 Hurdles | 3.00 | High Jump |
| 3.20 | 600m | 3.00 | Shot Put |
| 3.30 | 60m sprint | 4.00 | Long Jump |
| 4.10 | 400m | 4.00 | Discus |
| 4.30 | 1,000m | | |
| 4.50 | 200m | | |
| 5.10 | 5000m | | |

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OPEN MEETING Porritt Stadium Saturday 30th October

| | TRACK | | FIELD |
|---|---|---|---|
| 3.00 | 80/100/110 Hurdles | 3.00 | Hammer |
| 3.30 | 400m | 3.00 | Long Jump |
| 3.40 | 1500m | 4.00 | Javelin |
| 3.55 | 100m | | |
| 4.15 | 3,000m | | |

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OPEN MEETING Tauranga Domain Saturday 6th November

| | TRACK | | FIELD |
|---|---|---|---|
| 3.00 | 80/100/110 Hurdles | 3.00 | High Jump |
| 3.20 | 800m | 3.00 | Shot put |
| 3.40 | 100m | 4.00 | Triple Jump |
| 4.10 | 300m | 4.00 | Discus |
| 4.30 | 1500m | | |
| 4.50 | 200m | | |

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SAM JOHNSON THROWS MEETING Porritt Stadium Sunday 7th November

10.00 am START Throws only meeting for all athletes

Grade 16 to Masters

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OPEN MEETING Tauranga Domain Saturday 20th November

| TRACK | FIELD |
|---|---|
| 3.00 300/400 hurdles | 3.00 Long Jump |
| 3.30 1500 | 3.00 Discus |
| 3.45 60m sprint | 4.00 High Jump |
| 4.00 200m | 4.00 Hammer |

4.20 2000m Steeplechase (SW, MM, MM60+) height 762mm

4.35 2000m Steeplechase (SM, U20M, MM 35-59) height 914mm

4.45 2000m Steeplechase (U18M) height 838mm

5.00 400m

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OPEN MEETING Tauranga Domain Saturday 27th November

| TRACK | FIELD |
|---|---|
| 3.00 80/100/110 hurdles | 3.00 Shot put |
| 3.25 3000m | 3.00 Triple Jump |
| 3.45 100m | 4.00 Javelin |
| 4.10 400m | 4.00 High Jump |
| 4.40 150m | |
| 5.00 800m | |

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WBOP Children's RELAY Champs Porritt Stadium Saturday 4th December 9.30am

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NZSS Track and Field and Road Race Champs/ ANZ U18, U16 Champs Thursday 16th to Saturday 18th December

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TAURANGA TWILIGHT Tauranga Domain Saturday January 1st

***WaiBOP 3,000m CHAMPIPONSHIPS – all grades***

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North Island Colgate Games Wellington Friday 7th – Sunday 9th January

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OPEN MEETING Tauranga Domain Saturday 15th January

| TRACK | FIELD |
|---|---|
| 3.00 300/400m hurdles | 3.00 Shot put |
| 3.20 200m | 3.00 Long Jump |
| 3.45 800m | 4.00 High Jump |
| 4.00 100m | 4.00 Discus |
| 4.30 400m | |
| 4.45 1500m | |

***5.00pm WaiBOP 2,000 and 3,000m steeplechase championships (all grades)***

(762mm*) = SW + W U20 3,000m/ W U18 + M&W U16 + Masters M 60 + Masters W 2,000m

(838mm*) = MU18 2000m

(914mm*) = SM + Masters M (35-59) + M U20 3,000m

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OPEN MEETING Porritt Stadium Saturday 22nd January

| TRACK | FIELD |
|---|---|
| 3.00 80/100/110m Hurdles | 3.00 Javelin |
| 3.20 2,000m flat race | 3.00 Triple Jump |
| 3.40 100m | |
| 4.00 800m | 4.00 High Jump |
| 4.30 200m | 4.00 Hammer |

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Masters WBOP Champs Tauranga Domain Sunday 23rd January

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Grade 14 to 18 Inter-Provincials Palmerston North Saturday 29th January

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OPEN MEETING Porritt Stadium Saturday 29th January

| TRACK | FIELD |
|---|---|
| 3.00 300/400m Hurdles | 3.00 High Jump |
| 3.20 800m | 3.00 Discus |
| 3.40 100m | 4.00 Long Jump |
| 4.10 400m | 4.00 Shot put |
| 4.30 4 x 100m RELAY | |

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**WAIKATO BOP CHAMPIONSHIPS** combined with **PUTARURU BELL** team event

Tauranga Domain **Saturday 12th / Sunday 13th February**

**PUTARURU BELL TEAMS EVENT RULES**

1. Teams may have up to 7 members, mixed age and gender
2. A club may enter more than one team but each team must have a distinctive name
3. All team members must be registered athletes and registered with the same club
4. Maximum of 4 scoring events per team member across the 2 days
5. Grades:- U18, U20, Senior, Masters under 55, Masters 55 and over, for both men and women
6. Points: 1st = 6, 2nd = 5 and down to 6th = 1
7. As events will also be WBOP championships and open to all registered athletes, the points Above will only be allocated to clubs who have entered teams in the Putaruru Bell (e.g. Taumaranui athlete wins but Taumaranui doesn't have a team, so the best placing from an entered team member will get the 6 points etc).
8. Team names and entries must be received by Mhyre Oman **by 5pm Thursday 10th February** to mhyre.oman@gmail.com

NOTE final results **will not be available** at the end of competition on Sunday 13th

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**WAIKATO BAY OF PLENTY TRACK AND FIELD CHAMPIONSHIPS**
**Tauranga Domain Saturday 12th/ Sunday 13th February**

IMPORTANT INFORMATION Your age at the 31st December 2022 is the grade that you compete in at the AWBOP & ANZ Championships, except the under 16 grade where you must be under 16 on the 31st December 2021.

ATHLETE INFORMATION
Entry to the Centre Champs is open to those registered by their clubs as competitive athletes with Athletics Waikato-Bay of Plenty.
Athletes must be registered before the closing date for Champs entries. (5pm Saturday 5th Feb)
Entries will not be accepted without full payment $10 for first event/$5 for subsequent events for all grades (U16, U18 M/U18W, U20M/U20W, seniors, masters).
Entry details will be available on the Athletics Waikato-Bay of Plenty website and will be online only **No late Entries will be accepted. CLOSING DATE FOR ENTRIES IS 5.00pm Saturday 5th February**
Club Uniform must be worn.
Athletes are to report to the officials' desk in the grandstand on arrival at the track each day, to confirm their intention to start in each of their events, at least 30 minutes before their first event.
Athletes can enter a maximum of two grades – their own and one above.
The youngest age that can compete in the Championships is grade 13 (in Under 16 grade)
***Pole vault competitors please email administratrator@athleticswbop.org.nz before making an entry**

**Waikato-Bay of Plenty Track and Field Champs Day 1 *TAURANGA Saturday 12th February***

| | Track | | Field |
|---|---|---|---|
| 1.30pm | 400m all grades | 1.30pm | Triple jump all female |
| | Heats or finals if insufficient entries | | |
| 2.20pm | 80m/100m/110m hurdles all grades | 1.30pm | Discus all male |
| 2.50pm | 1500m masters/U16 | 2.00pm | Pole Vault all grades- see note above |
| 3.00pm | 100m all grades | 2.30pm | Shot Put all female |
| | Heats or finals if insufficient entries | 3.00pm | Triple Jump all male |
| 3.50pm | 1500m U18M&W, U20M&W, SM&W | 3.00pm | Shot Put all male |
| 4.20pm | 100m finals all grade if required | 3.00pm | High Jump all male |
| 4.45pm | 400m finals all grades if required | 4.00pm | Discus all female |
| 5.00pm | 4 x 100m relay | 4.00pm | High Jump all female |

**Waikato-Bay of Plenty Track and Field Champs Day 2 *TAURANGA Sunday 13th February***

| | Track | | Field |
|---|---|---|---|
| 9.00am | 5000m all grades | | |
| 10.30am | 200m all grades | 10.30am | Long Jump all male |
| | Heats or finals if insufficient entries | 10.30am | Hammer all grades |
| 11.20am | 800m all grades | 12.00 | Javelin all grades |
| 11.50am | 300m hurdles U16/U18, Masters | 12.00 | Long Jump all female |
| 12.10pm | 400m hurdles U20, Sen, Masters | 12.45pm | Masters Weight Throw all grades |
| 1.00pm | 200m finals all grade if required | | |
| 1.30pm | 4 x 400m relay | | |

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OPEN MEETING Tauranga Domain Saturday 19th February

| **TRACK** | **FIELD** |
|---|---|
| 3.00 80/100/110m Hurdles | 3.00 Javelin |
| 3.30 200m | 3.00 Long Jump |
| 3.50 800m | 4.00 High Jump |
| 4.15 100m | 4.00 Shot put |
| 4.35 400m | |
| 5.00 1500m | |

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OPEN MEETING Porritt Stadium Saturday 26th February

| TRACK | FIELD |
|---|---|
| 3.00 300/400m hurdles | 3.00 High Jump |
| 3.20 1200m | 3.00 Discus |
| 3.40 80m | 4.00 Long Jump |
| 4.10 600m | 4.00 Shot put |
| 4.20 4 x 100m relay | |

**NZ Track and Field Championships** HASTINGS Friday 4th to Sunday 6th March

**Waikato Bay of Plenty Secondary School events**

| | |
|---|---|
| WBOP Sec School Central Zone Porritt Stadium | Tuesday 8th March |
| WBOP Sec School BOP Zone Tauranga Domain | Wednesday 9th March |
| WBOP Sec School King Country Zone Te Awamutu | Thursday 10th March |
| WBOP Sec School Thames Valley Zones Paeroa | Tuesday 15th March |
| WBOP Sec School Champs Porritt Stadium | Tuesday 22nd March |

*WAIBOP Children's Championships* Porritt Stadium 19th March 9.30am START

North Island Sec School Champs Palmerston North 2nd to 3rd April

*Grade 12/13 Inter-provincial* Invercargill 15th to 17th April

**Athletics Waikato Bay of Plenty**

# Current Records

**AT 01-Apr-21**

| Events | FirstName | LastName | CLUB | MARK | WIND | DATE | Notes |
|---|---|---|---|---|---|---|---|
| **GRADE M** | | | | | | | |
| 100 metres | Joseph | Millar | TGA | 10.18 | 0.5 | 27/03/2017 | *Porrittt* |
| 200 metres | Joseph | Millar | TGA | 20.37 | 0.1 | 19/03/2017 | *Porritt* |
| 400 metres | Cameron | French | HAM | 46.23 | | 26/02/2015 | *Waitakere* |
| 800 metres | Chris | Rogers | UNI | 1.47.56 | | 20/03/1982 | *Porritt* |
| 1500 metres | Zane | Robertson | HAM | 3.34.19 | | 07/09/2014 | *Rieti* |
| 5000 metres | Zane | Robertson | HAM | 13.13.83 | | 13/07/2013 | *Heusden* |
| 10000 metres | Jake | Robertson | HAM | 27.30.90 | | 13/04/2018 | *Gold Coast* |
| 110 m HURDLES 1067mm | Michael | Cochrane | TGA | 14.07 | 2 | 2/03/2013 | *Mt Smart* |
| 400 m HURDLES 914mm | Cameron | French | HAM | 49.33 | | 27/01/2018 | *Canberra* |
| 3000 m STEEPLE 914mm | Euan | Robertson | HAM HAR | 8.39.2 | | 30/03/1980 | HT |
| 400 m RELAY | Waikato BOP | x | WAIK | 41.08 | | 23/03/2013 | *Mt Smart* |
| 1600 m RELAY | | Hamilton | HAM | 3.13.51 | | 7/03/1993 | *Wellington* |
| 3000 m WALK | Craig | Barrett | HAM | 11.21.50 | | 2/02/1997 | *Wanganui* |
| 5000 m WALK | Craig | Barrett | HAM | 19.37.25 | | 26/01/2002 | *Hastings* |
| 20000 m ROAD WALK | Craig | Barrett | HAM | 1.22.20 | | 26/01/1998 | *Adelaide* |
| 50000 m ROAD WALK | Craig | Barrett | HAM | 3.48.05 | | 16/06/2001 | *New Plymouth* |
| HIGH JUMP | Regan | Standing | HAM | 2.11 | | 24/02/2013 | *Porritt* |
| POLE VAULT | Olivier | Ball | HAM | 4.90 | | 11/03/1990 | *Wellington* |
| LONG JUMP | Aaron | Langdon | HAM | 7.78 | -0.7 | 18/03/1995 | *North Shore* |
| TRIPLE JUMP | Christopher | Goodwin | HAM | 15.10 | 1.9 | 08/05/2021 | *Pittsburg, US* |
| *(INDOOR TRIPLE JUMP* | Christopher | Goodwin | HAM | 15.17 | | 28/02/2021 | *Topeka, US*) |
| SHOT 7.26 kg | Courtney | Ireland | LAKE C | 18.14 | | 9/01/1993 | *Porritt* |
| DISCUS 2.00 kg | Mark | Robinson | HAM | 55.16 | | 21/12/1985 | *Porritt* |
| HAMMER 7.26 kg | Phillip | Jensen | HAM | 68.96 | | 27/01/1990 | *Auckland* |
| JAVELIN 800 gm | Stuart | Farquhar | HAM | 86.31 | | 29/04/2012 | *Hiroshima* |
| DECATHLON | Paul | Wilson | HAM | 7094 | | 31/01/1983 | *Mt Smart* |

| Events | FirstName | LastName | CLUB | MARK | WIND | DATE | Notes |
|---|---|---|---|---|---|---|---|
| **GRADE M-U20** | | | | | | | |
| 100 metres | Joseph | Millar | TGA | 10.36 | 1.9 | 24/03/2012 | *Waitakere* |
| 200 metres | Dale | McClunie | HAM | 20.94 | 1.2 | 30/01/1985 | *Melbourne* |
| 400 metres | Murray | Gutry | HAM | 47.03 | | 10/03/1984 | *Porritt* |
| 800 metres | Michael | Calver | HAM | 1.49.10 | | 1/01/1982 | *Wellington* |
| 1500 metres | Sam | Tanner | TGA | 3.38.74 | | 15/06/2019 | *Seattle* |
| 3000 metres | Sam | Tanner | HAM | 7.57.57 | | 29/07/2020 | *Porritt* |
| 5000 metres | Mark | McKeown | TGA R | 14.03.59 | | 23/01/1993 | *Auckland* |
| 10000 metres | Aaron | Pulford | HAM | 29.14.23 | | 20/07/2010 | *Moncton* |
| 110 m HURDLES 1067mm | Liam | Whaley | HAM | 14.73 | -0.7 | 12/11/1994 | *North Shore* |
| 110 m HURDLES 990mm | Michael | Cochrane | TGA | 14.06 | | 28/01/2011 | *Wellington* |
| 400 m HURDLES 914mm | Michael | Cochrane | TGA | 50.62 | | 28/01/2011 | *Wellington* |
| 2000 m STEEPLE 914mm | Shafat | Salad | HAM | 5.50.00 | | 26/02/2005 | *Porritt* |
| 3000 m STEEPLE 914mm | Harry | Ewing | HAM | 9.11.39 | | 3/04/2015 | *Los Angeles* |
| 400 m RELAY | Waikato BOP | x | WAIK | 41.11 | | 25/03/2012 | *Waitakere* |
| 1600 m RELAY | Waikato BOP | x | WAIK | 3.17.96 | | 24/03/2013 | *Mt Smart* |
| 3000 m WALK | Matthew | Holcroft | HAM | 12.38.03 | | 25/01/2013 | *Wellington* |
| 10000 m WALK | Matthew | Holcroft | HAM | 45.30.00 | | 24/03/2012 | *Waitakere* |
| HIGH JUMP | Dwaine | Geddes | FKT | 2.10 | | 22/01/1994 | *Auckland* |
| POLE VAULT | Peter | Tracy | HAM | 4.70 | | 9/03/1974 | *Porritt* |
| LONG JUMP | Ryan | Howe | LAKE C | 7.37 | 1.9 | 26/02/2011 | *Tauranga* |
| TRIPLE JUMP | Jackie | Aratema | ROT | 15.00 | | 7/12/1963 | |
| SHOT 6.00 kg | Ryan | Ballantyne | HAM | 19.12 | | 19/03/2017 | *Porritt* |
| DISCUS 1.75 kg | Ian | Winchester | HAM | 55.88 | | 6/03/1993 | *Wellington* |
| HAMMER 6.00 kg | Phillip | Jensen | HAM | 64.48 | | 17/01/1987 | *Porritt* |
| JAVELIN 800 gm | Gavin | Lovegrove | FKT | 79.60 | | 8/03/1987 | *Wellington* |
| DECATHLON | Brent | Newdick | TGA R | 7423 | | 9/04/2003 | *Palm North* |

## GRADE M-U18

| Events | FirstName | LastName | CLUB | MARK | WIND | DATE | Notes |
|---|---|---|---|---|---|---|---|
| 100 metres | Kodi | Harman | TGA | 10.56 | -1.8 | 23/03/2012 | *Waitakere* |
| 200 metres | Blake | Gordon | HAM | 21.78 | 0.9 | 15/03/2012 | *Sydney* |
| 400 metres | Tom | Smith | HAM | 48.33 | | 9/03/2013 | *Mt Smart* |
| 800 metres | Derek | White | HAM | 1.51.96 | | 9/02/1985 | *Auckland* |
| 1500 metres | Isaiah | Priddey | HAM | 3.44.34 | | 23/01/2018 | *Whanganui* |
| 3000 metres | Garit | Read | HAM | 8.12.17 | | 3/12/2002 | *Palm North* |
| 110 m HURDLES 914mm | James | Hunt | HAM | 14.56 | 1.1 | 24/03/2012 | *Waitakere* |
| 300 m HURDLES 840mm | Mattteus | Pio | FAIR | 37.35 | | 02/12/2018 | *Dunedin* |
| 2000 m STEEPLE 914mm | Shafat | Salad | HAM | 6.01.61 | | 23/03/2003 | *Dunedin* |
| 400 m RELAY | | Hamilton | HAM | 42.99 | | 7/03/1998 | *Wanganui* |
| 1600 m RELAY | Waikato BOP | x | WAIK | 3.23.50 | | 11/03/2018 | *Porritt* |
| 3000 m WALK | Matthew | Holcroft | HAM | 13.11.25 | | 4/01/2011 | *Tauranga* |
| HIGH JUMP | Christopher | Goodwin | HAM | 2.00 | | 30/01/2016 | *Porritt* |
| POLE VAULT | | Standard | x | 3.20 | | 30/09/2003 | |
| LONG JUMP | Charles | Annals | HAM | 7.05 | 1.6 | 2/12/2018 | *Dunedin* |
| TRIPLE JUMP | Charles | Annals | HAM | 13.75 | 1.5 | 07/12/2019 | Wellington |
| SHOT 5.00 kg | Ryan | Ballantyne | HAM | 21.66 | | 4/12/2016 | *Waitakere* |
| DISCUS 1.50 kg | Courtney | Ireland | ROT | 58.30 | | 29/10/1988 | *Porritt* |
| HAMMER 5.00 kg | Caleb | Moore | WHAKA | 53.11 | | 1/01/2016 | *Tauranga* |
| JAVELIN 700 gm | Stuart | Farquhar | HAM | 57.88 | | 15/02/1997 | *Porritt* |
| OCTATHLON | Luke | Davison | TGA | 5410 | | 13/02/2011 | *Tauranga* |

## GRADE W

| Events | FirstName | LastName | CLUB | MARK | WIND | DATE | Notes |
|---|---|---|---|---|---|---|---|
| 100 metres | Morag | MacKechnie | ROT | 11.4 | | 29/10/1977 | *Mt Smart HT* |
| 200 metres | Morag | MacKechnie | ROT | 23.87 | 0 | 9/03/1986 | *Christchurch* |
| 400 metres | Kristie | Baillie | TE ARO | 53.19 | | 31/03/2012 | *Sydney* |
| 800 metres | Katherine | Marshall | TE AWA | 2.03.20 | | 4/06/2016 | *Ordegem-Belg* |
| 1500 metres | Nikki | Hamblin | CAM | 4.05.03 | | 20/05/2015 | *Beijing* |
| 3000 metres | Camille | Buscomb | HAM | 8.45.97 | | 16/07/2018 | *Cork* |
| 5000 metres | Camille | Buscomb | CAM | 14.58.59 | | 6/10/2019 | *Doha* |
| 10000 metres | Camille | Buscomb | HAM | 31.13.21 | | 28/09/2019 | *Doha* |
| 100 m HURDLES 840mm | Terry | Genge | HAM | 13.86 | | 7/10/1982 | |
| 400 m HURDLES 762mm | Lyn | Massey | HAM | 57.35 | | 31/03/1985 | |
| 2000 m STEEPLE 762mm | Chari | Miller | HAM | 6.35.11 | | 9/04/2017 | *Inglewood* |
| 3000 m STEEPLE 762mm | Sarah | McSweeney | HAM | 10.22.98 | | 9/02/2008 | *Porritt* |
| 400 m RELAY | Waikato BOP | x | WAIK | 46.81 | | 25/03/2012 | *Waitakere* |
| 1600 m RELAY | Waikato BOP | x | WAIK | 3.47.41 | | 19/03/2017 | *Porritt* |
| 3000 m WALK | Natasha | Murrihy | TAUM | 14.59.16 | | 26/03/2010 | *Christchurch* |
| 5000 m WALK | Natasha | Murrihy | TAUM | 26.58.03 | | 17/01/2009 | *Sydney* |
| 10000 m WALK | Natasha | Murrihy | TAUM | 54.14.00 | | 27/03/2011 | *Dunedin* |
| HIGH JUMP | Tracy | Phillips | HAM | 1.88 | | 2/02/1990 | *Auckland* |
| POLE VAULT | Melina | Hamilton | HAM | 3.90 | | 8/03/1997 | *Sydney* |
| LONG JUMP | Jayne | Mitchell | TGA | 6.39 | 0.3 | 10/03/1985 | *Dunedin* |
| TRIPLE JUMP | Kayla | Goodwin | HAM | 12.87 | 1.3 | 08/03/2020 | *Christchurch* |
| SHOT 4.00 kg | Linley | Russell | PUT | 13.63 | | 17/01/1981 | |
| DISCUS 1.00 kg | Tatiana | Kaumoana | HAM | 52.91 | | 26/06/2019 | *Townsville* |
| HAMMER 4.00 kg | Julia | Ratcliffe | HAM | 73.55 | | 26/03/2021 | *Hastings* |
| JAVELIN 600 gm | Tori | Peeters | HAM | 62.04 | | 22/02/2020 | *Sydney* |
| HEPTATHLON | Terry | Genge | HAM | 5709 | | 4/04/1983 | *New Table* |

| Events | FirstName | LastName | CLUB | MARK | WIND | DATE | Notes |
|---|---|---|---|---|---|---|---|
| **GRADE W-U20** | | | | | | | |
| 100 metres | Sarah | Phillips | LAKE C | 11.84 | 1.8 | 13/03/1999 | *Porritt* |
| 200 metres | Monique | Williams | TOK | 24.19 | | 5/02/2005 | *Hastings* |
| 400 metres | Carleen | Dillimore | WAIHI | 53.96 | | 19/03/1983 | *Melbourne* |
| 800 metres | Lorraine | Moller | PUT | 2.03.63 | | 29/01/1974 | *Christchurch* |
| 1500 metres | Charli | Miller | HAM | 4.22.88 | | 08/03/2020 | *Christchurch* |
| 3000 metres | Kay | Gooch | HAM | 9.23.10 | | 3/08/1990 | *Plovdiv* |
| 5000 metres | Hannah | Gapes | LAKE C | 16.47.56 | | 26/03/2021 | *Hastings* |
| 100 m HURDLES 840mm | Hinewai | Knowles | CAM | 14.11 | 1.3 | 07/03/2020 | *Christchurch* |
| 400 m HURDLES 762mm | Sonia | Scown | FKT | 60.48 | | 4/03/1990 | |
| 2000 m STEEPLE 762mm | Charli | Miller | HAM | 6.35.11 | | 9/04/2017 | *Inglewood* |
| 3000 m STEEPLE 762mm | Sarah | McSweeney | HAM | 10.22.98 | | 9/02/2008 | *Porritt* |
| 400 m RELAY | Waikato BOP | x | WAIK | 47.71 | | 23/03/2013 | *Mt Smart* |
| 1600 m RELAY | Waikato BOP | x | WAIK | 3.51.43 | | 30/03/2014 | *Wellington* |
| 3000 m WALK | Natasha | Murrihy | TAUM | 14.59.16 | | 26/03/2010 | *Christchurch* |
| 5000 m WALK | Natasha | Murrihy | TAUM | 26.58.03 | | 17/01/2009 | *Sydney* |
| 10000 m WALK | Natasha | Murrihy | TAUM | 54.14.00 | | 27/03/2011 | *Dunedin* |
| HIGH JUMP | Josie | Taylor | HAM | 1.85 | | 27/01/2021 | *Hawera* |
| POLE VAULT | Hannah | Philpot | TGA | 3.90 | | 26/11/2016 | Mt Smart |
| LONG JUMP | Jayne | Mitchell | TGA | 6.02 | | 6/03/1982 | |
| TRIPLE JUMP | Kayla | Goodwin | HAM | 12.87 | 1.3 | 08/03/2020 | *Christchurch* |
| SHOT 4.00 kg | Linley | Russell | PUT | 13.63 | | 17/01/1981 | |
| DISCUS 1.00 kg | Tatiana | Kaumoana | TE ARO | 52.91 | | 26/06/2019 | *Townsville* |
| HAMMER 4.00 kg | Julia | Ratcliffe | HAM | 68.80 | | 09/07/2016 | *Princeton* |
| JAVELIN 600 gm | Keshia | Grant | HAM | 45.16 | | 26/02/2006 | *Porritt* |
| HEPTATHLON | Kayla | Goodwin | HAM | 4745 | | 17/02/2019 | *Christchurch* |

## GRADE W-U18

| Events | FirstName | LastName | CLUB | MARK | | WIND | DATE | Notes |
|---|---|---|---|---|---|---|---|---|
| 100 metres | Sarah | Phillips | LAKE C | 11.84 | | 1.8 | 13/03/1999 | *Porritt* |
| 200 metres | Jade | Henley-Smith | HAM | 24.79 | | 0.7 | 6/03/2016 | *Dunedin* |
| 400 metres | Carleen | Dillimore | WAIHI | 53.96 | | | 19/03/1983 | *Melbourne* |
| 800 metres | Tarryn | Davey | TE ARO | 2.07.79 | | | 10/03/2013 | *Perth* |
| 1500 metres | Charli | Miller | HAM | 4.22.88 | | | 08/03/2020 | *Christchurch* |
| 3000 metres | Demelza | Murrihy | TAUM | 9.32.59 | | | 21/02/1998 | *North Shore* |
| 5000 metres | Charli | Miller | HAM | 16.50.29 | | | 20/12/2019 | *North Shore* |
| 100 m HURDLES 762mm | Hinewai | Knowles | CAM | 13.80 | | 2.0 | 07/12/2019 | *Wellington* |
| 300 m HURDLES 762mm | Amy | Robinson | TGA | 42.59 | | | 6/04/2013 | *Masterton* |
| 2000 m STEEPLE 762mm | Charli | Miller | HAM | 6.35.11 | | | 9/04/2017 | *Inglewood* |
| 400 m RELAY | Waikato BOP | x | WAIK | 47.71 | | | 23/03/2013 | *Mt Smart* |
| 1600 m RELAY | Waikato BOP | x | WAIK | 3.51.58 | | | 24/03/2013 | *Mt Smart* |
| 3000 m WALK | Leanne | Chadderton | WHANGA | 15.42.6 | | | 5/03/1987 | *Wellington HT* |
| HIGH JUMP | Josie | Taylor | HAM | 1.83 | | | 09/11/2019 | *Pakuranga* |
| POLE VAULT | Melina | Hamilton | HAM | 3.40 | | | 3/04/1993 | *Porritt* |
| LONG JUMP | Kayla | Goodwin | HAM | 5.86 | | 1.4 | 08/03/2019 | *Christchurch* |
| TRIPLE JUMP | Kayla | Goodwin | HAM | 12.74 | 1.5 | | 08/03/2019 | *Christchurch* |
| SHOT 3.00 kg | Amber | Brown | HAM | 14.10 | | | 10/07/2016 | *Gold Coast* |
| DISCUS 1.00 kg | Tatiana | Kaumoana | TE ARO | 47.90 | | | 09/03/2018 | *Porritt* |
| HAMMER 3.00 kg | Julia | Ratcliffe | HAM | 62.28 | | | 19/02/2011 | *Porritt* |
| JAVELIN 500 gm | Leah | Morgan | TGA R | 43.86 | | | 13/02/1993 | *Porritt* |
| HEPTATHLON | Kayla | Goodwin | HAM | 5007 | | | 25/02/2018 | Whanganui |

# VERY IMPORTANT INFORMATION

**Your age as at the 31st December 2022 is the grade you compete in for the ANZ Championships.**

ENTRIES FOR THE ANZ TRACK AND FIELD NATIONAL CHAMPS **MUST** be completed by the individual athletes, via the Athletics NZ website.

At the same time, those wishing to be part of the Centre team should refer to the Athletics New Zealand Entry Standards as these will be the criteria used to select the Centre team.

Those athletes not selected in the Centre team compete for their club and do so in their club uniform.

## Selection Criteria

- Athletes must achieve the entry standards from 1 January 2022 to 1 March 2022 inclusive.
- Wind-assisted and hand-timed performances will **not** be considered.
- Athletes must compete regularly at Athletics Waikato-Bay of Plenty (AWBoP) meets during the season, unless prior approval has been received.
- Selectors are able to include athletes who have not reached the standard at their discretion.
- Selected athletes must make themselves available for AWBoP relay teams.
- Athletes not selected in the AWBoP team can still enter the NZ Champs as individuals. These athletes will simply be representing their Club.

## Athlete Transfers

Athlete transfers are now completed online using the registration system. Please contact your club registrar for further details.

## Athlete Subsidies

For the 2021-2022 season, we are now offering athlete subsides to the New Zealand Track and Field Championships of $50 each. These will be paid to athletes selected for the Waikato-Bay of Plenty team for the event in Hastings between 4th and 6th March 2022 The subsidy will only be paid to athletes who have also entered the Waikato-Bay of Plenty Championships on 12th and 13th February 2022 or those who give prior notice that they are unavailable to compete in the Waikato-Bay of Plenty Championships.

## HURDLE SPECIFICATIONS & IMPLEMENT WEIGHTS

**HURDLES at Championship and Open Meetings**

***Hurdles go on coloured track markings: 110 Blue; 100 Yellow; 80 Black; 70 White; 300 & 400 Green.***

| Age Grade | Distance In Metres | No. of Flights of Hurdles | Height Met | Height Imp | Metres to first | Metres between | Metres from last to finish |
|---|---|---|---|---|---|---|---|
| SM | 110 | 10 | 1067 | 3'6" | 13.72 | 9.14 | 14.02 |
| U20M | 110 | 10 | 990 | 3'3" | 13.72 | 9.14 | 14.02 |
| U18M | 110 | 10 | 914 | 3'0" | 13.72 | 9.14 | 14.02 |
| B/U16 | 100 | 10 | 840 | 2'9" | 13.0 | 8.5 | 10.5 |
| SW | 100 | 10 | 840 | 2'9" | 13.0 | 8.5 | 10.5 |
| U20W | 100 | 10 | 840 | 2'9" | 13.0 | 8.5 | 10.5 |
| U18W | 100 | 10 | 762 | 2'6" | 13.0 | 8.5 | 10.5 |
| G/16 | 80 | 8 | 762 | 2'6" | 12.0 | 8.0 | 12.0 |
| SM | 400 | 10 | 914 | 3'0" | 45.0 | 35.0 | 40.0 |
| U20M | 400 | 10 | 914 | 3'0" | 45.0 | 35.0 | 40.0 |
| U18M | 300 | 7 | 840 | 2'9" | 50.0 | 35.0 | 40.0 |
| SW | 400 | 10 | 762 | 2'6" | 45.0 | 35.0 | 40.0 |
| U20W | 400 | 10 | 762 | 2'6" | 45.0 | 35.0 | 40.0 |
| U18W | 300 | 7 | 762 | 2'6" | 50.0 | 35.0 | 40.0 |

**IMPLEMENTS at Championship and Open Meetings**

| Grade | Shot - kg | Discus - kg | Javelin - gm | Hammer - kg |
|---|---|---|---|---|
| SM | 7.26 | 2.00 | 800 | 7.26 |
| U20M | 6.00 | 1.75 | 800 | 6.00 |
| U18M | 5.00 | 1.50 | 700 | 5.00 |
| B/U16 | 5.00 | 1.25 | 600 | 4.00 |
| SW | 4.00 | 1.00 | 600 | 4.00 |
| U20W | 4.00 | 1.00 | 600 | 4.00 |
| U18W | 3.00 | 1.00 | 500 | 3.00 |
| G/U16 | 3.00 | 1.00 | 500 | 3.00 |

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**HURDLES at Masters Championships and other Masters meetings**

| Age Grade | Distance In Metres | No. of Flights of Hurdles/Barriers | Height Metric | Metres to first | Metres between | Metres from last to finish |
|---|---|---|---|---|---|---|
| W30-39 | 100 | 10 | 840 | 13.0 | 8.5 | 10.5 |
| W40-49 | 80 | 8 | 762 | 12.0 | 8.0 | 12.0 |
| W50-59 | 80 | 8 | 762 | 12.0 | 7.0 | 19.0 |
| W60+ | 80 | 8 | 686 | 12.0 | 7.0 | 19.0 |
| W30-49 | 400 | 10 | 762 | 45.0 | 35.0 | 40.0 |
| W50-59 | 300 | 7 | 762 | 50.0 | 35.0 | 40.0 |
| W60-69 | 300 | 7 | 686 | 50.0 | 35.0 | 40.0 |
| W70+ | 200 | 5 | 686 | 20.0 | 35.0 | 40.0 |
| W35+ Steeples | 2000 | 18+5 water jumps | 762 | | | |
| M35-49 | 110 | 10 | 991 | 13.72 | 9.14 | 14.02 |
| M50-59 | 100 | 10 | 914 | 13.0 | 8.5 | 10.50 |
| M60-69 | 100 | 10 | 840 | 12.0 | 8.0 | 16.0 |
| M70-79 | 80 | 8 | 762 | 12.0 | 7.0 | 19.0 |
| M80+ | 80 | 8 | 686 | 12.0 | 7.0 | 19.0 |
| M35-49 | 400 | 10 | 914 | 45.0 | 35.0 | 40.0 |
| M50-59 | 400 | 10 | 840 | 45.0 | 35.0 | 40.0 |
| M60-69 | 300 | 7 | 762 | 50.0 | 35.0 | 40.0 |
| M70-79 | 300 | 7 | 686 | 50.0 | 35.0 | 40.0 |
| M80+ | 200 | 5 | 686 | 20.0 | 35.0 | 40.0 |
| M35-59 Steeples | 3000 | 28+7 water jumps | 914 | | | |
| M60+ Steeples | 2000 | 18+5 water jumps | 762 | | | |

**Notes for Steeplechase**

**Barrier heights**

| | |
|---|---|
| Women all grades | height 762mm |
| U18 Men | height 838mm |
| Senior Men, U20 Men | height 914mm |

**Barriers**

2000m: 18 jumps +5 water 3000m 28 jumps +7 water

Porritt Stadium outside water jump
Tauranga Domain inside water jump

**IMPLEMENTS at Masters Championships and other Masters meetings**

| Age Grade | Hammer- kg | Shot - kg | Discus - kg | Javelin - gm | Weight - kg |
|---|---|---|---|---|---|
| W35-49 | 4.00 | 4.00 | 1.00 | 600 | 9.08 |
| W50-59 | 3.00 | 3.00 | 1.00 | 500 | 7.26 |
| W60-74 | 3.00 | 3.00 | 1.00 | 400 | 5.45 |
| W75+ | 2.00 | 2.00 | 0.75 | 400 | 4.00 |
| M35-M49 | 7.26 | 7.26 | 2.00 | 800 | 15.88 |
| M50-M59 | 6.00 | 6.00 | 1.50 | 700 | 11.34 |
| M60-M69 | 5.00 | 5.00 | 1.00 | 600 | 9.08 |
| M70-M79 | 4.00 | 4.00 | 1.00 | 500 | 7.26 |
| M80+ | 3.00 | 3.00 | 1.00 | 400 | 5.45 |

**HURDLES at Waikato Secondary Schools' meetings – Schools, Zones, W-BoP, North Island Champs**

| Gender and Grade | Distance In Metres | No. of Flights of Hurdles | Height Metric | Metres to first | Metres between | Metres from last to finish |
|---|---|---|---|---|---|---|
| **Boys** - | | | | | | |
| Senior | 110 | 10 | 914 | 13.72 | 9.14 | 14.02 |
| Intermediate | 100 | 10 | 840 | 13.0 | 8.5 | 10.5 |
| Junior | 80 | 8 | 762 | 12.0 | 8.0 | 12.0 |
| Open | 300 | 7 | 840 | 50.0 | 35.0 | 40.0 |
| **Girls** - | | | | | | |
| Senior | 100 | 10 | 762 | 13.0 | 8.5 | 10.5 |
| Intermediate | 80 | 8 | 762 | 12.0 | 8.0 | 12.0 |
| Junior | 70 | 8 | 762 | 11.0 | 7.0 | 10.0 |
| Open | 300 | 7 | 762 | 50.0 | 35.0 | 40.0 |

**IMPLEMENTS at Waikato Secondary Schools' meetings – Schools, Zones, W-BoP, North Island Champs**

| Gender | Grade | Shot - kg | Discus - kg | Javelin - gm | Hammer - kg |
|---|---|---|---|---|---|
| **Boys -** | Senior | 5.00 | 1.50 | 700 | 5.00 |
| | Intermediate | 5.00 | 1.25 | 700 | 5.00 |
| | Junior | 4.00 | 1.00 | 600 | 4.00 |
| **Girls** - | Senior | 3.00 | 1.00 | 500 | 3.00 |
| | Intermediate | 3.00 | 1.00 | 500 | 3.00 |
| | Junior | 3.00 | 1.00 | 500 | 3.00 |

**AWD IMPLEMENTS at Waikato Secondary Schools' meetings / New Zealand Secondary Schools Champs**

| Classification | Shot - kg | | Discus - kg | | Javelin - gm | |
|---|---|---|---|---|---|---|
| | Male | Female | Male | Female | Male | Female |
| Wheelchair | 3.00 | 2.00 | .750 | .750 | 400 | 400 |

| | | | | | | |
|---|---|---|---|---|---|---|
| Cerebral Palsy | 3.00 | 2.00 | .750 | .750 | 600 | 400 |
| Amputee / others | 4.00 | 3.00 | 1.00 | 1.00 | 700 | 500 |
| Vision Impairment | 4.00 | 3.00 | 1.00 | 1.00 | 700 | 500 |
| Intellectual | 4.00 | 3.00 | 1.00 | 1.00 | 700 | 500 |

**HURDLES at New Zealand Secondary Schools Champs**

| Gender and Grades | Distance In Metres | No. of Flights of Hurdles | Height Metric | Metres to first | Metres between | Metres from last to finish |
|---|---|---|---|---|---|---|
| **Boys** - | | | | | | |
| Senior | 110 | 10 | 914 | 13.72 | 9.14 | 14.02 |
| Junior | 100 | 10 | 840 | 13.0 | 8.5 | 10.5 |
| Open | 300 | 7 | 840 | 50.0 | 35.0 | 40.0 |
| **Girls** - | | | | | | |
| Senior | 100 | 10 | 762 | 13.0 | 8.5 | 10.5 |
| Junior | 80 | 8 | 762 | 12.0 | 8.0 | 12.0 |
| Open | 300 | 7 | 762 | 50.0 | 35.0 | 40.0 |

**IMPLEMENTS at New Zealand Secondary Schools Champs**

| Gender | Grade | Shot - kg | Discus - kg | Javelin - gm | Hammer - kg |
|---|---|---|---|---|---|
| **Boys** - | Senior | 5.00 | 1.50 | 700 | 5.00 |
| | Junior | 5.00 | 1.25 | 700 | 4.00 |
| **Girls** - | Senior | 3.00 | 1.00 | 500 | 3.00 |
| | Junior | 3.00 | 1.00 | 500 | 3.00 |

# New Zealand Technical Officials Education and Qualification

*Become an official* – or improve or extend your qualifications if you are already a qualified official. You will serve your club better on club nights as well as the wider athletics community at ribbon days and interclub events. You can even be involved at national (e.g. Colgate Games and Porritt Classic), and international level if you want.

Athletics New Zealand has an officials' education and qualification scheme (ANZOES). The Centre has Heather O'Hagan to undertake the training of officials. The goal is to provide people with initial training regarding the rules and procedures for athletics officiating, and then to provide the opportunity to gain experience and advance their qualifications.

Courses can be arranged for a Sunday anywhere in the Centre, or on a series of weeknights.
The Sunday courses usually take from about 9:30am to 2:30pm, including a written test.
The week-night courses would require at least two 2-hour sessions.

**Level C & B**
Level C is the initial level for recognition by Athletics New Zealand. It is suitable for people who help at club nights, ribbon days and inter-club competitions. Level B is for people who have done the initial level and gained further practical experience (15 days above club-night activity) and can therefore accept more responsibility.

**Level A**
Level A courses are for people with comprehensive experience and likely to be asked to officiate in key positions at major meetings such as league and championships. In the 2 years after qualifying at Level B a further 15 days officiating experience is needed including duty at an Athletics New Zealand Championships.

**Officiating Activities**
ANZOES is divided up into specific areas so people may qualify in Jumps, Throws, Track, Walks and Non-Stadia. There is also provision for measuring road courses and for officiating for athletes with a disability.

If you would like to arrange training for your club officials, contact Heather:

**AWBoP Officials' Training Officer**

Heather O'Hagan
9 Norward Rd
Paeroa
Tel: 07 862 7163

E-mail: heathersohagan@gmail.com

*Thanks to the following organisations for ongoing support of Athletics Waikato-Bay of Plenty*

# WE NEED YOU!

**Athletics' Officiating is Fun and Right Now**
**We Need Timekeepers, Measurers, Checkers,**
**Result Recorders *and More*…**

- **The 'Best Seat in the House' to watch and officiate runners, walkers, jumpers and throwers.**
- **Opportunities to Travel, Meet New Friends and Enjoy the Camaraderie of the Athletics Culture.**
- **Get to the top in Athletics. Go to National Champs, International meetings, World Champs, Commonwealth Games and the Olympics.**
- **Experience and Share the Pleasure of seeing Athletes compete and improve their personal best performances.**
- **Get full training in all aspects of Officiating Athletics.**
- **Help perform an interesting variety of tasks for athletes.**
- **Come join the team of Athletics Waikato-Bay of Plenty Volunteers.**
- **Come On! Give it a Go!**
- **Become a Track, Jumps, Throws, Road or Cross-Country Judge, and see it all from close up!**
- **You will be made MOST WELCOME!**
- **You will ENJOY THE CHALLENGE!**

**Come and Join Athletics Waikato-Bay of Plenty Officials**

**For more information contact Executive Officer: Steve Rees-Jones**
**07 858 5392 / 021 2676997**

Or Contact your local Club Secretary

## Coach Education & Development

Clubs in the AWBoP region are building an excellent base of coaches and this is reflected in the very good results achieved by school, club and centre teams last season at National Championships and at North Island and regional competitions. We are indebted to all those volunteer coaches who are sharing their time and knowledge with both young and old in our centre to make sure that progress continues to be made.

**Athletics NZ Coach Education**

The Athletics New Zealand Coaching Programme has a number of elements and options available for people who wish to start coaching and for those who wish to improve their skills and coaching qualifications.
For more information about coaching see: https://athletics.org.nz/get-involved/coach/

**Run Jump Throw Athletics**

These courses are the first step in the Athletics New Zealand Coach Education programme. They have become very popular for primary and intermediate schools and children's athletic clubs. The course emphasises teaching of basic athletic skills to children.

Run Jump Throw is all about developing athletics-specific skills in a fun, inclusive way that encourages Kiwi kids' to participate in athletics. Designed for 6-11 year olds, Run Jump Throw allows athletics clubs and schools to easily teach the foundation skills of athletics in a positive, supportive environment, where participants learn and are challenged at their own pace. The programme uses modified equipment and games to help maximise participation and enjoyment. For more information see: http://kidsathletics.nz/run-jump-throw

**Get Set Go**

Get Set Go is designed to help Kiwi kids (aged 3-8 years) enjoy being more active through play and sport.
The programme provides educational, developmentally- appropriate, fun activities that build and develop children's basic fundamental movement skills.

Get Set Go helps increase teachers, athletics clubs, coaches and parents understanding of the importance of movement, play and positive experiences for children. It provides professional development tools and quality resources around the assessment, planning and development of fundamental skills within a broad child-centred framework. For more information see: http://kidsathletics.nz/get-set-go/

## CLUB COACHING VISITS

Coachforce Bay of Plenty can visit your club and take a coaching session however we would like a minimum of 10 taking part. This may mean working in with another club.

**Bay of Plenty Contact:**

**Coachforce Co-ordinator**
**Kerry Hill**
**Mob 021 0832 2407**
**Email: kerry@nzspeed.co.nz**

**Waikato Contact:**

**Louise Young -Waikato Athletics Development Advisor**
**louisey@athleticswbop.org.nz**

## PUTARURU BELL ENTRY FORM

**Club Name : _____**

**Team Name : _____**

| | Name | DOB | Grade | Events |
|---|---|---|---|---|
| 1 | | | | 1_____ 2_____<br>3_____4_____ |
| 2 | | | | 1_____ 2_____<br>3_____4_____ |
| 3 | | | | 1_____ 2_____<br>3_____4_____ |
| 4 | | | | 1_____ 2_____<br>3_____4_____ |
| 5 | | | | 1_____ 2_____<br>3_____4_____ |
| 6 | | | | 1_____ 2_____<br>3_____4_____ |
| 7 | | | | 1_____ 2_____<br>3_____4_____ |

# WAIKATO-BAY of PLENTY T&F CHAMPS

## 12/13 February 2022 Tauranga

## Entry details will be made available on our website

## www.athleticswaikatobayofplenty.org.nz

**Note: Grade 13 is the youngest age group that can compete in the Championships (as an Under 16)**

**No late Entries will be accepted - Club Uniform must be worn.**

**Entries close at 5.00pm on Saturday 5th February for Both Days**