**Event Specifications for Secondary School Track and Field**

**Implement Weights**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | **Javelin** | **Discus** | **Shot Put** | **Hammer** |
|  | (gm) | (kg) | (kg) | (kg) |
| Senior Boys | 700 | 1.50 | 5.00 | 5.00 |
| Intermediate Boys | 700 | 1.25 | 5.00 | 4.00 |
| Junior Boys | 600 | 1.00 | 4.00 | 4.00 |
| Senior Girls | 500 | 1.00 | 3.00 | 3.00 |
| Intermediate Girls | 500 | 1.00 | 3.00 | 3.00 |
| Junior Girls | 500 | 1.00 | 3.00 | 3.00 |

**Hurdle Measurements**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | Distance (metres) | Height (mm) | No. of Hurdles | Distance to first (metres) | Distance between (metres) | Run off (metres) |
| Senior Boys | 110 | 914 | 10 | 13.72 | 9.14 | 14.02 |
| Intermediate Boys | 100 | 838 | 10 | 13 | 8.5 | 10.5 |
| Junior Boys | 80 | 762 | 8 | 12m | 8.0 | 12.0 |
| Senior Girls | 100 | 762 | 10 | 13m | 8.5 | 10.5 |
| Intermediate Girls | 80 | 762 | 8 | 12m | 8.0 | 12.0 |
| Junior Girls | 70 | 762 | 8 | 11m | 7.0 | 10.0 |
|  |  |  |  |  |  |  |
| Senior Boys | 300 | 838 | 7 | 50m | 35 | 40.0 |
| Under 16 Boys | 300 | 762 | 7 | 50m | 35 | 40.0 |
| Senior Girls | 300 | 762 | 7 | 50m | 35 | 40.0 |
| Under 16 Girls | 300 | 762 | 7 | 50m | 35 | 40.0 |
|  |  |  |  |  |  |  |
| Senior Boys | 2000 Stpch | 838 |  |  |  |  |
| Under 16 Boys | 2000 Stpch | 762 |  |  |  |  |
| Senior Girls | 2000 Stpch | 762 |  |  |  |  |
| Under 16 Girls | 2000 Stpch | 762 |  |  |  |  |

**Event Qualifying and Measurement Distances for Zones**

# Measurement distances

These are the guide distances to be the minimum distance achieved to be measured. This will be marked out by officials on the throwing sector or alongside the jumping pit prior to the event.

# Qualifying distances

This is the distance that is required to be achieved for **extra throws** beyond the first three trials. If more than 8 competitors achieve this mark, only the top 8 will be awarded extra attempts.

**See Table Below for each Event and Grade**

|  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | **Shot Put** | | **Discus** | | **Javelin** | | **Long Jump** | | **Triple** | |
| **GRADE** | **Qualify Mark** | **Measure Mark** | **Qualify Mark** | **Measure Mark** | **Qualify Mark** | **Measure Mark** | **Qualify Mark** | **Measure Mark** | **Qualify Mark** | **Measure Mark** |
| **JUNIOR BOYS** | 9.75m | 8.00m | 28,50m | 20.0m | 26.00m | 21.00m | 4.90m | 4.20m | 10.00m | 9.20m |
| **JUNIOR GIRLS** | 8.00m | 6.50m | 19.00m | 15.00m | 15.50m | 10.00m | 4.20m | 3.60m | 8.70m | 7.70m |
| **INTERMEDIATE BOYS** | 11.50m | 9.50m | 32.00m | 23.00m | 35.00m | 25.00m | 5.30m | 4.70m | 11.10m | 10.00m |
| **INTERMEDIATE GIRLS** | 9.00m | 7.00m | 22.00m | 16.00m | 23.00m | 16.00m | 4.50m | 3.80m | 9.20m | 8.00m |
| **SENIOR BOYS** | 12.00m | 10.00m | 33.00m | 25.00m | 40.00m | 33.00m | 5.60m | 4.80m | 11.50m | 10.00m |
| **SENIOR GIRLS** | 8.00m | 7.00m | 23.00m | 18.00m | 23.00m | 18.00m | 4.40m | 3.80m | 9.50m | 8.00m |

**Information for Para Athletes**

Events for Para athletes are listed in Event information Sheet for your Zone

**(Please make sure you provide appropriate supervision and assistance for your athletes)**

Athletes will compete in the unimpaired Intermediate (Under 16) or Senior (Under 19) grades for field events using the Para Athletes weights. Track events will be run separately as scheduled unless low numbers make it sensible to compete in combined races.

Para athletes will have a track classification (T) and/or a field classification (F). The following track and field classifications relate to the following impairments.

* T11 – T13 and F11 – F13 Visual Impairment (VI)
* T20 and F20 Intellectual Impairment (II)
* T32 – T38 and F31 – F38 Cerebral Palsy and Neurological Impairments (CP)
* T40 – 41 and F40 - 41 Short Stature (SS)
* T42 – T47 and F42 – F46 Amputees and Other Impairments (AO)
* T51 – T54 and F51 – F57 Wheelchair and throwing frame user (WC)
* T61 – T64 and F61 – F64 Athletes who compete using prosthetic lower limbs (PL)

For athletes wishing to compete with an official classification please contact Rebecca Foulsham [rebecca@athletics.org.nz](mailto:rebecca@athletics.org.nz) for information on classification. Para Athletes intending to go onto compete at the North Island Championships must have a provisional classification.

Para Athletes should come through the school’s athletics qualifying program. This is not a “Have a Go” event.

Please contact Waikato Bay of Plenty Secondary Schools Athletics Association if your athlete requires extra equipment or information on assistance for Para Athletes.

When entering Para Athletes online please indicate, if possible, their classification or impairment from the drop down box even if not officially or provisionally classified.

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| ***Secondary School Implement Weights for Para Athlete Classes***  ***Junior Under 16, Senior Under 19 (ORS funded Under 21) January 1*** | | | | | | | | | |
|  |  |  |  |  |  |  |  |  |  |
|  | **Boys** | | | |  | **Girls** | | | |
|  | **Discus** | **Javelin** | **Shot Put** | **Club** | **Club** | **Shot Put** | **Javelin** | **Discus** |
|  | JB 1.25kg | 700g | 5.00kg |  | ***F11-13*** |  | 3.00kg | 500g | 1.00kg |
|  | SB 1.50kg | 700g | 5.00kg |  | ***F11-13*** |  |  |  |  |
|  | JB 1.25kg | 700g | 5.00kg |  | ***F20*** |  | 3.00kg | 500g | 1.00kg |
|  | SB 1.50kg | 700g | 5.00kg |  | ***F20*** |  |  |  |  |
|  | NE | NE | NE | 397g | ***F31*** | 397g | NE | NE | NE |
|  | 750g | NE | 1.00kg | 397g | ***F32*** | 397g | 1.00kg | NE | 750g |
|  | 750g | 500g | 2.00kg | NE | ***F33*** | NE | 2.00kg | 500g | 750g |
|  | 750g | 500g | 3.00kg | NE | ***F34*** | NE | 2.00kg | 500g | 750g |
|  | 750g | 500g | 3.00kg | NE | ***F35*** | NE | 2.00kg | 500g | 750g |
|  | 750g | 500g | 3.00kg | NE | ***F36*** | NE | 2.00kg | 500g | 750g |
|  | 750g | 500g | 4.00kg | NE | ***F37*** | NE | 2.00kg | 500g | 750g |
|  | 1.00kg | 600g | 4.00kg | NE | ***F38*** | NE | 2.00kg | 500g | 750g |
|  | 1.00kg | 500g | 3.00kg |  | ***F40,41*** |  | 2.00kg | 400g | 750g |
|  | 1.00kg | 700g | 5.00kg |  | ***F42*** |  | 3.00kg | 500g | 1.00kg |
|  | 1.00kg | 700g | 5.00kg |  | ***F43,44*** |  | 3.00kg | 500g | 1.00kg |
|  | 1.00kg | 700g | 5.00kg |  | ***F45,46*** |  | 3.00kg | 500g | 1.00kg |
|  | 750g | NE | NE |  | ***F51*** |  | NE | NE | 750g |
|  | 750g | 500g | 2.00kg |  | ***F52*** |  | 2.00kg | 500g | 750g |
|  | 750g | 500g | 2.00kg |  | ***F53*** |  | 2.00kg | 500g | 750g |
|  | 750g | 500g | 3.00kg |  | ***F54*** |  | 2.00kg | 500g | 750g |
|  | 750g | 500g | 3.00kg |  | ***F55*** |  | 2.00kg | 500g | 750g |
|  | 750g | 500g | 3.00kg |  | ***F56*** |  | 2.00kg | 500g | 750g |
|  | 1.00kg | 500g | 3.00kg |  | ***F57*** |  | 2.00kg | 500g | 750g |
|  | 1.00kg | 700g | 5.00kg |  | ***F61,63*** |  | 3.00kg | 500g | 1.00kg |
|  | 1.00kg | 700g | 5.00kg |  | ***F62,64*** |  | 3.00kg | 500g | 1.00kg |