

Event Specifications for Secondary School Track and Field Implement Weights

	Javelin	Discus	Shot Put	Hammer
	(gm)	(kg)	(kg)	(kg)
Senior Boys	700	1.50	5.00	5.00
Intermediate Boys	700	1.25	5.00	4.00
Junior Boys	600	1.00	4.00	4.00
Senior Girls	500	1.00	3.00	3.00
Intermediate Girls	500	1.00	3.00	3.00
Junior Girls	500	1.00	3.00	3.00

Hurdle Measurements

	Distance (metres)	Height (mm)	No. of Hurdles	Distance to first (metres)	Distance between (metres)	Run off (metres)
Senior Boys	110	914 10 13.72		9.14	14.02	
Intermediate Boys	100	838	10	13 8.5		10.5
Junior Boys	80	762	8	12m 8.0		12.0
Senior Girls	100	762	10	13m	8.5	10.5
Intermediate Girls	80	762	8	12M	8.0	12.0
Junior Girls	70	762	8	11m	7.0	10.0
Senior Boys	300	838	7	50m	50m 35	
Under 16 Boys	300	762	7	50m	35	40.0
Senior Girls	300	762	7	50m	35	40.0
Under 16 Girls	300	762	7	50m	35	40.0
Senior Boys	2000 Stpch	838				
Under 16 Boys	2000 Stpch	762				
Senior Girls	2000 Stpch	762				
Under 16 Girls	2000 Stpch	762				



Event Qualifying and Measurement Distances for Zones

Measurement distances

These are the guide distances to be the minimum distance achieved to be measured. This will be marked out by officials on the throwing sector or alongside the jumping pit prior to the event.

Qualifying distances

This is the distance that is required to be achieved for **extra throws** beyond the first three trials. If more than 8 competitors achieve this mark, only the top 8 will be awarded extra attempts.

See Table Below for each Event and Grade

	Shot Put		Discus		Javelin		Long Jump		Triple	
GRADE	Qualify Mark	Measure Mark								
JUNIOR BOYS	9.75m	8.oom	28,50m	20.0m	26.00m	21.00m	4.90m	4.20m	10.00m	9.20m
JUNIOR GIRLS	8.00m	6.50m	19.00m	15.00m	15.50m	10.00m	4.20m	3.60m	8.70m	7.70m
INTERMEDIATE BOYS	11.50m	9.50m	32.00m	23.00m	35.00m	25.00m	5.30m	4.70m	11.10m	10.00m
INTERMEDIATE GIRLS	9.00m	7.00m	22.00m	16.00m	23.00m	16.00m	4.50m	3.8om	9.20m	8.oom
SENIOR BOYS	12.00m	10.00m	33.00m	25.00m	40.00m	33.00m	5.60m	4.8om	11.50m	10.00m
SENIOR GIRLS	8.oom	7.00m	23.00m	18.00m	23.00m	18.00m	4.40m	3.8om	9.50m	8.oom



Information for Para Athletes

Events for Para athletes are listed in Event information Sheet for your Zone (Please make sure you provide appropriate supervision and assistance for your athletes)

Athletes will compete in the unimpaired Intermediate (Under 16) or Senior (Under 19) grades for field events using the Para Athletes weights. Track events will be run separately as scheduled unless low numbers make it sensible to compete in combined races.

Para athletes will have a track classification (T) and/or a field classification (F). The following track and field classifications relate to the following impairments.

•	T11 – T13 and F11 – F13	Visual Impairment (VI)
•	T20 and F20	Intellectual Impairment (II)
•	T32 – T38 and F31 – F38	Cerebral Palsy and Neurological Impairments (CP)
•	T40 - 41 and F40 - 41	Short Stature (SS)
•	T42 – T47 and F42 – F46	Amputees and Other Impairments (AO)
•	T51 – T54 and F51 – F57	Wheelchair and throwing frame user (WC)
•	T61 – T64 and F61 – F64	Athletes who compete using prosthetic lower limbs (PL)

For athletes wishing to compete with an official classification please contact Rebecca Foulsham rebecca@athletics.org.nz for information on classification. Para Athletes intending to go onto compete at the North Island Championships must have a provisional classification.

Para Athletes should come through the school's athletics qualifying program. This is not a "Have a Go" event.

Please contact Waikato Bay of Plenty Secondary Schools Athletics Association if your athlete requires extra equipment or information on assistance for Para Athletes.

When entering Para Athletes online please indicate, if possible, their classification or impairment from the drop down box even if not officially or provisionally classified.



Secondary School Implement Weights for Para Athlete Classes Junior Under 16, Senior Under 19 (ORS funded Under 21) January 1

	pys		Girls					
Discus	Javelin	Shot Put	Club		Club	Shot Put	Javelin	Discus
JB 1.25kg	700g	5.00kg		F11-13		3.00kg	500g	1.00kg
SB 1.50kg	700g	5.00kg		F11-13				
JB 1.25kg	700g	5.00kg		F20		3.00kg	500g	1.00kg
SB 1.50kg	700g	5.00kg		F20				
NE	NE	NE	397g	F31	397g	NE	NE	NE
750g	NE	1.00kg	397g	F32	397g	1.00kg	NE	750g
750g	500g	2.00kg	NE	F33	NE	2.00kg	500g	750g
750g	500g	3.00kg	NE	F34	NE	2.00kg	500g	750g
750g	500g	3.00kg	NE	F35	NE	2.00kg	500g	750g
750g	500g	3.00kg	NE	F36	NE	2.00kg	500g	750g
750g	500g	4.00kg	NE	F37	NE	2.00kg	500g	750g
1.00kg	600g	4.00kg	NE	F38	NE	2.00kg	500g	750g
1.00kg	500g	3.00kg		F40,41		2.00kg	400g	750g
1.00kg	700g	5.00kg		F42		3.00kg	500g	1.00kg
1.00kg	700g	5.00kg		F43,44		3.00kg	500g	1.00kg
1.00kg	700g	5.00kg		F45,46		3.00kg	500g	1.00kg
750g	NE	NE		F51		NE	NE	750g
750g	500g	2.00kg		F52		2.00kg	500g	750g
750g	500g	2.00kg		F53		2.00kg	500g	750g
750g	500g	3.00kg		F54		2.00kg	500g	750g
750g	500g	3.00kg		F55		2.00kg	500g	750g
750g	500g	3.00kg		F56		2.00kg	500g	750g
1.00kg	500g	3.00kg		F57		2.00kg	500g	750g
1.00kg	700g	5.00kg		F61,63		3.00kg	500g	1.00kg
1.00kg	700g	5.00kg		F62,64		3.00kg	500g	1.00kg