

Waikato Bay of Plenty



SECONDARY SCHOOLS ATHLETICS CHAMPIONSHIPS



Tuesday 21st March 2023

8.00 am Start

Porritt Stadium, Hamilton

www.wsss.org.nz/track-field/

COVER ATHLETE PROFILE

Annalies Kalma– St Peter’s School 2017-2021

NISS 400m Intermediate Girls record: 54.69s, 2019

WAIKATO SS Central Zones 400m Senior girls record: 55.67s, 2021

WAIBOPSS 200m Senior Girls record: 24.64s, 2021

WAIBOPSS 400m Senior Girls record: 55.79s, 2021

NISS 400m Senior Girls record: 55.02s, 2021

Member of the NZSSAA team: 2020 and 2018.

Annalies is currently at the University of Nevada, Reno running on their track team. She was a member of their 4x400m relay team which recently won the Mountain West Conference Indoor Championships.

Cover Photograph:

Annalies, representing WBOPSS in the North Is 4x400 relay in Tauranga 2019, passing the baton to Kiana Pohe-Bright.



www.wsss.org.nz/track-field/

<http://www.athleticswaikatobayofplenty.org.nz/>

OFFICE BEARERS

WAIKATO BAY OF PLENTY SECONDARY SCHOOLS ATHLETICS ASSOCIATION 2022-2023

Chairperson:	Currently vacant	
Secretary:	Angela Russek	St Peters School
Treasurer:	Brad Smith	Tauranga Boys' College
Auditor:	Karen Hind	
Athletics Waikato BOP Delegate & Events Coordinator:	John Tylden	
North Island SSAA Delegates:	Angela Russek John Tylden	St Peter's School
WBOP Selectors		
North Island SS Team:	Angela Russek John Tylden	St Peter's School
Waikato BOP Team Managers for North Island SS Team:	Angela Russek Sonia Waddell Pam Jones Steve Rees-Jones Michael Pugh	St Peter's School St Peter's School Tauranga Girls Cambridge High School Tauranga

North Island Secondary School Track & Field Championships Manawatu Community Athletics Track, Palmerston North Saturday 1 April – Sunday 2 April

The first three competitors in each event (except hammer, steeplechase, pole vault and walks) are automatically selected for the Waikato Bay of Plenty Team to compete at the North Island Secondary School Championships April 1-2 at Manawatu Community Athletics Track, Palmerston North.

Fourth placegetters will be considered if there are withdrawals or if they achieve the North Island standards.

- Please confirm that you are available by completing the online North Island Athletics Entry Form on [Track & Field - Waikato Secondary School Sport \(wsss.org.nz\)](https://www.wsss.org.nz) under the North Island Secondary School Athletics Championships heading or on the Athletics WBOP website.
- Transport to and from Palmerston North and accommodation is the responsibility of your family/ school. Your school's sports authorities will be responsible for ensuring all Education Outside the Classroom requirements are met.
- Waikato BOP SS Athletic Association will provide 5 team managers to assist you at the championships.
- **Singlets and Crop Tops** will be available for hire or purchase at Porritt at the St Peters tent beyond the finish line today and at the track in Palmerston North during the championships. (\$50.00 to purchase /hire, \$40.00 refund on return). Please supply your own black shorts. The uniform is the same as that used by Athletics WBOP.

OFFICIALS

2023 WAIKATO BAY OF PLENTY SECONDARY SCHOOLS ATHLETICS CHAMPIONSHIPS

Porritt Stadium

Meet Director	John Tylden
Arena Manager	Kevin Bradley
Announcer	Murray Green
Photo Finish	Charles Annals
Results	Brett and Sue Addison
Referees	John Tylden (Track), Nellie Engels (Field)
Starts Team	Greg Insley, Stewart Foster, Malcolm Taylor, John Tylden
Track Officials	Des Johnston, Bruce Woods, Peter Blackwood (lap times)
Hurdles Team	Paul Wilson , Rodney de Klerk, St Pauls Collegiate
Walk Judges	Stewart Foster, Loloma Foster, Malcolm Taylor
Hammer	Nellie Engels (c), Berny Koppens,
Discus	Bruce Flemming , Megan Diprose, Hamilton Boys HS
Shot Put	Sarah van Marrewijk, Steve Cornes
Javelin	Berny Koppens, Mark McAlley, Sacred Heart Girls HS
Long Jump	Sarah Watson (c), Grainne O'Mahony, Debbie Burge, Hamilton Girls HS
Triple Jump	Robyn Knowles (c), Criss Strange, Ilse Rhyne/Beth McAvoy Waikato Diocesan
High Jump	Annmarie McDonald, Jason Pope, Martin de Jagar, George Caddie, Rototuna HS

Waibop SSAA thank all officials listed and any further officials and school volunteers for volunteering their time and assistance to conduct the championships which is gratefully acknowledged.

Officials will be provided with morning tea and lunches catered by St Peter's School

ORDER OF EVENTS

Meeting management may change timetable with minor variations as required by entry numbers

TRACK EVENTS

EVENT NO.	EVENT	TIME
10	300m Hurdles Under 16 Girls (timed finals)	9.35 am
11	300m Hurdles Senior Girls (timed finals)	9.40 am
12	300m Hurdles Under 16 Boys (timed finals)	9.45 am
13	300m Hurdles Senior Boys (timed finals)	9.50 am
14	100m Junior Girls Heats	10.00 am
15	100m Junior Boys Heats	10.06 am
16	100m Intermediate Girls Heats	10.12 am
17	100m Intermediate Boys Heats	10.18 am
18	100m Senior Girls Heats	10.24 am
19	100m Senior Boys Heats	10.30 am
20-21	100m Para Athletes Heats * Girls & Boys	10.36 am
22	3000m Combined Girls Final	10.40 am
23	3000m Combined Boys Final	10.55 am
NB: Placings in all grades of the 3000m races will be taken		
24	200m Junior Girls Timed Finals *	11.08 am
25	200m Junior Boys Timed Finals *	11.14 am
26	200m Intermediate Girls Timed Finals *	11.20 am
27	200m Intermediate Boys Timed Finals *	11.26 am
28	200m Senior Girls Timed Finals *	11.32 am
29	200m Senior Boys Timed Finals *	11.36 am
30	800m Junior Girls Final	11.45 am
31	800m Junior Boys Final	11.49 am
32	800m Intermediate Girls Final	11.53 am
33	800m Intermediate Boys Final	11.57 pm
34	800m Senior Girls Final	12.01 pm
35	800m Senior Boys Final	12.05 pm
36	70m Hurdles Junior Girls (timed finals)	12.15 pm
37	80m Hurdles Junior Boys (timed finals)	12.23 pm
36	80m Hurdles Intermediate Girls (timed finals)	12.30 pm
39	100m Hurdles Senior Girls (timed finals)	12.46 pm
40	100m Hurdles Intermediate Boys (timed finals)	12.48 pm
41	110m Hurdles Senior Boys (timed finals)	12.56 pm
LUNCH FOR TRACK OFFICIAL		1.00 pm
14	100m Junior Girls Final	1.30 pm
15	100m Junior Boys Final	1.33 pm
16	100m Intermediate Girls Final	1.36 pm
17	100m Intermediate Boys Final	1.39 pm
18	100m Senior Girls Final	1.42 pm
19	100m Senior Boys Final	1.45 pm
20-21	100m Para Athletes Final Girls & Boys	1.48 pm
42-43	3000/2000m Walk Open Boys & Girls Final	1.55 pm
46-47	200m Para Athletes (timed finals) Girls & Boys	2.30 pm
48	1500m Junior Girls Final	2.36 pm
49	1500m Junior Boys Final	2.43 pm

50	1500m	Intermediate Girls Final	2.50 pm
51	1500m	Intermediate Boys Final	3.57 pm
52	1500m	Senior Girls Final	3.04 pm
53	1500m	Senior Boys Final	3. 11 pm
	1500m	Sir John Walker Shoes Trophy Presentation	3.18 pm
54	300m	Junior Girls (timed finals)	3.20 pm
55	300m	Junior Boys (timed finals)	3.23 pm
56	400m	Intermediate Girls (timed finals)	3.28 pm
57	400m	Intermediate Boys (timed finals)	3.32 pm
58	400m	Senior Girls (timed finals)	3.36 pm
59	400m	Senior Boys (timed finals)	3.40 pm
60	400m	Mixed Para Athletes (timed finals)	3.43 pm
61-62	2000m Steeplechase	Under16/Senior Girls Final	3.45 pm
63	2000m Steeplechase	Under 16 Boys Final	3.55 pm
64	2000m Steeplechase	Senior Boys Final	4.05 pm
65	400m Relays	Junior Girls Final	4.15 pm
66	400m Relays	Junior Boys Final	4.20 pm
67	400m Relays	Intermediate Girls Final	4.25 pm
68	400m Relays	Intermediate Boys Final	4.30 pm
69	400m Relays	Senior Girls Final	4.35 pm
70	400m Relays	Senior Boys Final	4.40 pm

FIELD EVENTS

Notes: Pole Vault will not be held. Any entrants will go through to the North Island SS Championships if they are at a satisfactory standard.

EVENT NO.	EVENT		TIME
100,102, 104	Hammer	Junior/Intermediate/Senior Girls	8.00 am
101, 103, 105	Hammer	Junior/Intermediate/Senior Boys	8.00 am
106	Discus	Junior Girls	10.00 am
113	Triple Jump	Junior Boys	10.00 am
120	High Jump	Intermediate Girls	10.00 am
127	Long Jump	Intermediate Boys	10.00 am
134	Shot Put	Senior Girls	10.00 am
141	Javelin	Senior Boys	10.00 am
142-145	Pole Vault	Under 16/Senior Boys & Girls	10.40 am
118	High Jump	Junior Girls	11.05 am
107	Discus	Junior Boys	11.05 am
133	Shot Put	Intermediate Boys	11.05 am
138	Javelin	Intermediate Girls	11.05 am
129	Long Jump	Senior Boys	11.05 am
116	Triple Jump	Senior Girls	11.05 am
136	Javelin	Junior Girls	12.10 pm
125	Long Jump	Junior Boys	12.10 pm
132	Shot Put	Intermediate Girls	12.10 pm
115	Triple Jump	Intermediate Boys	12.10 pm
122	High Jump	Senior Girls	12.10 pm
111	Discus	Senior Boys	12.10 pm
LUNCH FOR FIELD OFFICIALS			1.15 pm
126	Long Jump	Intermediate Girls	1.45 pm
121	High Jump	Intermediate Boys	1.45 pm
117	Triple Jump	Senior Boys	1.45 pm
130	Shot Put	Junior Girls	1.45 pm
137	Javelin	Junior Boys	1.45 pm

110	Discus	Senior Girls	1.45 pm
119	High Jump	Junior Boys	2.50 pm
112	Triple Jump	Junior Girls	2.50 pm
128	Long Jump	Senior Girls	2.50 pm
139	Javelin	Intermediate Boys	2.50 pm
108	Discus	Intermediate Girls	2.50 pm
135	Shot Put	Senior Boys	2.50 pm
124	Long Jump	Junior Girls	3.55 pm
114	Triple Jump	Intermediate Girls	3.55 pm
123	High Jump	Senior Boys	3.55 pm
131	Shot Put	Junior Boys	3.55 pm
109	Discus	Intermediate Boys	3.55 pm
140	Javelin	Senior Girls	3.55 pm

INSTRUCTIONS TO COMPETITORS

1. This meeting is conducted under the rules of Athletics New Zealand.

DRESS

2. Competitors must compete in their school athletics uniform.

WARMING UP

3. On the grass to the east of the stadium. Warmups can be COMPLETED in the competition arena, providing there is no interference with events in progress.

STARTING

Crouch Starts or Starting blocks for those wearing spikes must be used for 100m, 200m, 400m and hurdle races. Assistance will be given to athletes using starting blocks for the first time. Starting Blocks are provided, and personal blocks cannot be used. Para athletes may use a standing start if their impairment makes a crouch start difficult.

The starter will give one command 'on your marks' for all events over 400m and two commands for all events up to and including the 400m.

- a) 'On your marks' to bring competitors to their starting location.
- b) 'Set' to bring all competitors to the set position ready to start. When all competitors are steady in the set position the gun will be fired. Any competitor who false starts will be disqualified unless the starter determines it was not the athlete's fault. Athletes may run 'under protest' and have their disqualification reviewed by the Referee whose decision will be final.

SAFETY

5. Only competitors currently involved in an event or under the control of an official will be permitted into the competition area.

REPORTING

6. Competitors must report to the Starter's Assistant 10 minutes before the start of the event.

FAILURE TO DO SO MAY RESULT IN DISQUALIFICATION.

Heats will be drawn immediately prior to the start.

EQUIPMENT

7. Personal throwing implements may be used by competitors provided they are with the Technical Manager by 9.30am on the day of competition. Once accepted they become available to all competitors in that event.

SPIKES

8. Spikes must not be more than **6.0 mm** in length, except for High Jump and Javelin (**9.00mm** maximum). Cone (pyramid) or Christmas tree spikes only are allowed.

DRAWS

9. Lanes draws in heats and straight finals will be drawn randomly. In finals following heats, lanes will be allocated according to World Athletics rules.

PROGRESSIONS

10. QUALIFYING HEATS – 100:

Two heats first two and next four fastest qualify for final

Three heats first and next five fastest qualify for final

Four heats first and next four fastest qualify for final

Where heats are not required a straight final will occur at heats time.

11. Every competitor who qualifies in a heat must compete in the final. Anyone withdrawing from a final shall be ineligible for any further competition. This rule shall apply to anyone withdrawing while a race is in progress.
12. Chalk marks must NOT be placed on the track.

PROTESTS

13. Protests are to be referred to the appropriate referee whose decision will be final.
14. The WBOPSS Athletics Association Executive will make every effort to carry through the programme in the order and at the times stated but reserve the right, should the necessity arise, to make any alteration.

TECHNICAL INFORMATION

AGE GROUPS

Please note and understand that, for this event, an athlete's age is as at 1 January 2023.

An athlete actually born on the date below goes into the younger age group.

- Junior Under 14 on 1 January (ie. born 2009 or 2010)
- Intermediate Under 16 on 1 January (ie. born 2007 or 2008)
- Senior Under 19 on 1 January (ie. born 2004 or 2005 or 2006)
- Junior Para Athletes Under 16 on 1 January (ie. born 2007 to 2010)
- Senior Para Athletes Under 19 on 1 January (ie. born 2004 or 2005 or 2006) *
- *ORS funded athletes Under 21 on 1 January (ie. born 2002 or 2003)

ATHLETE EVENT ENTRY

Individual athletes may be entered in a maximum of four events plus the relay.

An athlete can run a maximum of two events **over 200 metres**.

Junior athletes are restricted to two of the three sprints races – 100 metres, 200metres, 300 metres

Para athletes may enter up to 4 events of their choice.

In field events they compete at the time of either the Senior age group (if they are Seniors) or Intermediate age group (if they are Juniors).

Event Officials and Athlete Helpers must ensure the para athletes are recorded as Para competitors.

IMPLEMENTS SPECIFICATIONS

EVENT:		Javelin	Discus	Shot	Hammer
Boys	Senior	700g	1.50kg	5.00kg	5.00kg
	Inter	700g	1.25kg	5.00kg	4.00kg
	Junior	600g	1.00kg	4.00kg	4.00kg
Girls	Senior	500g	1.00kg	3.00kg	3.00kg
	Inter	500g	1.00kg	3.00kg	3.00kg
	Junior	500g	1.00kg	3.00kg	3.00kg

HURDLE HEIGHTS/DISTANCES

Boys	Distance	Height (mm)	Colour mark	# hurdles	Distance to 1 st hurdle	Distance between hurdles	Run off distance
Senior	110m	914	Blue	10	13.72m	9.14m	14.02m
Inter	100m	840	Yellow	10	13.00m	8.50m	10.50m
Junior	80m	762	Black	8	12.00m	8.00m	12.00m
Under 16	300m	762	Green	7	50.00m	35.00m	40.00m
Senior	300m	840	Green	7	50.00m	35.00m	40.00m
Girls	Distance	Height (mm)	Colour mark	# hurdles	Distance to 1 st hurdle	Distance between hurdles	Run off distance
Senior	100m	762	Yellow	10	13.00m	8.50m	10.50m
Inter	80m	762	Black	8	12.00m	8.00m	12.00m
Junior	70m	762	White	8	11.00m	7.00m	10.00m
Under 16	300m	762	Green	7	50.00m	35.00m	40.00m
Senior	300m	762	Green	7	50.00m	35.00m	40.00m

Secondary School Implement Weights for Para Athlete Classes

Boys					Girls			
Discus	Javelin	Shot Put	Club		Club	Shot Put	Javelin	Discus
JB 1.25kg	700g	5.00kg		F11-13		3.00kg	500g	1.00kg
SB 1.50kg	700g	5.00kg		F11-13				
JB 1.25kg	700g	5.00kg		F20		3.00kg	500g	1.00kg
SB 1.50kg	700g	5.00kg		F20				
NE	NE	NE	397g	F31	397g	NE	NE	NE
750g	NE	1.00kg	397g	F32	397g	1.00kg	NE	750g
750g	500g	2.00kg	NE	F33	NE	2.00kg	500g	750g
750g	500g	3.00kg	NE	F34	NE	2.00kg	500g	750g
750g	500g	3.00kg	NE	F35	NE	2.00kg	500g	750g
750g	500g	3.00kg	NE	F36	NE	2.00kg	500g	750g
750g	500g	4.00kg	NE	F37	NE	2.00kg	500g	750g
1.00kg	600g	4.00kg	NE	F38	NE	2.00kg	500g	750g
1.00kg	500g	3.00kg		F40,41		2.00kg	400g	750g
1.00kg	700g	5.00kg		F42		3.00kg	500g	1.00kg
1.00kg	700g	5.00kg		F43,44		3.00kg	500g	1.00kg
1.00kg	700g	5.00kg		F45,46		3.00kg	500g	1.00kg
750g	NE	NE		F51		NE	NE	750g
750g	500g	2.00kg		F52		2.00kg	500g	750g
750g	500g	2.00kg		F53		2.00kg	500g	750g
750g	500g	3.00kg		F54		2.00kg	500g	750g
750g	500g	3.00kg		F55		2.00kg	500g	750g
750g	500g	3.00kg		F56		2.00kg	500g	750g
1.00kg	500g	3.00kg		F57		2.00kg	500g	750g
1.00kg	700g	5.00kg		F61,63		3.00kg	500g	1.00kg
1.00kg	700g	5.00kg		F62,64		3.00kg	500g	1.00kg

Para Classifications

T11 – T13 and F11 – F13

T20 and F20

T32 – T38 and F31 – F38

T40/41 and F40/41

T42 – T47 and F42 – F46

T51 – T54 and F51 – F57

T61 – T64 and F61-64

Visual Impairment (VI)

Intellectual Impairment(II)

Cerebral Palsy and Neurological Impairments(CP)

Short Stature(SS)

Amputees and Other Impairments (AO)

Wheelchair and throwing frame user (WC)

Athletes who compete using prosthetic lower limbs (PL)

RECORDS

SENIOR GIRLS

TRACK

100m	M MacKechnie	Western Heights	11.6 H	1977
100m	S Phillips	Western Heights	11.84	1999
200m	M MacKechnie	Western Heights	24.4 H	1977
400m	A Kalma	St Peter's	55.79	2021
800m	M Untenahrer	Hamilton Girls	2.11.33	2012
1500m	K Gooch	Fairfield	4.31.89	1989
3000m	W Hancock, J Antoniazzi	Fairfield, St Peter's	10.02.35	1979, 2021
2000m Steeplechase	E Barton	Waikato Diocesan	7.56.75	2019
100m Hurdles	M Forsyth	Hillcrest	14.0 H	1979
300m Hurdles	A Robinson	Tauranga Girls	43.28	2013
400m Relay		Melville	50.2 H	1975

FIELD

High Jump	T McGarva	Hamilton Girls	1.77	1997
Long Jump	L Russek	Thames	5.88	1980
Triple Jump	K McNaughton	Rotorua Girls	11.50	1988
Shot Put	A Brown	TKKP	13.75	2016
Discus	T Kaumoana	Te Aroha	45.17	2017
Javelin	K Ward	Taupo Nui-a-tia	40.88	1992
Hammer	J.Ratcliffe	Waikato Diocesan	60.18	2011

SENIOR BOYS

TRACK

100m	C Chase	Putaruru	10.80	1995
200m	O.Ranby	Tauranga Boys	21.92	2013
400m	J Payne	Hamilton Boys	48.86	2003
800m	M Eggleton	St Paul's	1.53.58	2010
1500m	A.Pulford	Hauraki Plains	3.55.57	2009
3000m	I Priddey	Hamilton Boys	8.42.47	2016
2000m Steeplechase	S Salad	Fairfield	6.04.97	2003
100m Hurdles	N O'Brien	St Paul's	13.3 H	1997
110m Hurdles	B Smith	St Paul's	14.87	2003
300m Hurdles	N O'Brien	St Paul's	36.98	1997
400m Relay		Tauranga Boys	43.21	2013

FIELD

High Jump	D Geddes	Hamilton Boys	2.05	1993
Long Jump	A Colvin	Tauranga Boys	6.90	2012
Triple Jump	A Heaton	Rotorua Boys	14.64	1984
Shot Put (6.25)	R Ballantyne	St Paul's	19.10	2016
Shot Put (5.00)	M Hayward	Hauraki Plains	16.65	2011
Discus	C Ireland	Western Heights	56.70	1989
Javelin	G Lovegrove	Hillcrest	70.12	1985
Hammer	P Gibbs	Fraser	67.14	1989

INTERMEDIATE GIRLS

TRACK

100m	S Phillips	Western Heights	11.91	1998
200m	A Kalma	St Peter's	25.26	2019
400m	C Osborne	Morrinsville	57.56	2003
800m	J Hood	St Paul's	2.11.62	2015
1500m	Arianna Lord	St Peter's	4.35.24	2013
3000m	R Baird	Sacred Heart	9.57.94	2000
2000m Steeplechase	C. Miller	St Peter's	6.59.41	2017
100m Hurdles	K Boyce	Melville	15.0 H	1975
80m Hurdles	H.Knowles	Cambridge	11.86	2018
300m Hurdles	S Hancock	Rototuna	45.45	2021
400m Relay		Tauranga Girls	50.02	2012

FIELD

High Jump	S Scown	Hillcrest	1.68	1988
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Long Jump	M. Ririnui	Tauranga Girls	5.93	2008
Triple Jump	M Johansson	Bethlehem College	11.50	2019
Shot Put	A Brown	St Peter's	13.18	2015
Discus	T Ikinofu	Hauraki Plains	42.33	2005
Javelin	R Jacobsen	Paeroa	38.78	1993
Hammer	A Brown	St Peter's	45.18	2015

INTERMEDIATE BOYS

TRACK

100m	C Chase	Putaruru	11.15	1993
200m	C Chase	Putaruru	22.35	1993
400m	T Smith	St Paul's	49.73	2012
800m	M Graveson	St Paul's	1.56.82	2005
1500m	Z Robertson	Hamilton Boys	4.02.77	2005
3000m	J Priddey	Hamilton Boys	8.48.30	2012
2000m Steeple U 16	L Davis	Hamilton Boys	6.37.39	2021
100m Hurdles	H Hireme	Putaruru	14.01	1995
300m Hurdles (U16)	L McKee	Hamilton Boys	42.23	2019
400m Relay		Hamilton Boys	44.50	2018

FIELD

High Jump	D Geddes	Hamilton Boys	1.96	1992
Long Jump	C Ngapo	Tokoroa	6.57	1988
Triple Jump	J Aratema	Rotorua Boys	14.00	1961
Shot Put	R Ballantyne	St Paul's	19.28	2015
Discus	C Ireland	Western Heights	53.60	1987
Javelin	S Farquhar	St Peter's	66.31	1998
Hammer	C Moore	Edgecumbe	52.14	2015

JUNIOR GIRLS

TRACK

100m	C Hughes	Matamata	12.1 H	1973
200m	M Ririnui	Tauranga Girls	25.95	2006
300m	D Khamal	Cambridge	41.31	2013
400m	D Northcoat	Tauhara	59.66	1980
800m	C Buscomb	Cambridge	2.14.23	2004
1500m	B Ritchie	St Peter's	4.41.37	2021
3000m	C Miller	St Peter's	10.19.88	2016
100m Hurdles	J Copeman	Hamilton Girls	15.6 H	1975
80m Hurdles	S Cowley	Rotorua Girls	11.91	1998
70m Hurdles	A McQuoid	Morrinsville	11.72	2017
400m Relay		Matamata	52.0 H	1979

FIELD

High Jump	M De Jager	Rototuna	1.65	2021
Long Jump	F Smith	Tauranga Girls	5.23	1979
Triple Jump	M Johansson	Bethlehem	10.67	2018
Shot Put	T Kaumoana	Te Aroha	12.26	2014
Discus	T Kaumoana	Te Aroha	36.79	2014
Javelin	A McBride	St Peter's	32.58	1996
Hammer	L Losalini	Hamilton Girls	39.34	2021

JUNIOR BOYS

TRACK

100m	B Gordon	St Paul's	11.63	2010
200m	B Gordon	St Paul's	23.57	2010
300m	R Ballantyne	St Paul's	37.91	2013
400m	R Hunter	Te Puke	53.8	1974
800m	B Maxwell	Hamilton Boys	2.02.4 H	1972
1500m	B Maxwell	Hamilton Boys	4.12.0 H	1972
3000m	B Baron	Tauranga Boys	9.11.75	2000
100m Hurdles	G Hines	St Paul's	14.4 H	1975
80m Hurdles	V Smith	Whakatane	11.78	1995
400m Relay		Aquinas	48.10	2006

FIELD

High Jump	L Sitiveni	St Paul's	1.75	2018
Long Jump	C Dempsey	Melville	5.99	1975

Triple Jump	P Te Whare	Te Kuiti	12.03	1998
Shot Put	K Nicholl	Te Awamutu	15.96	1967
Discus	A Gundersen	Te Aho o Te kura	49.31	2019
Javelin	J Albers	St John's	48.90	1992
Hammer	C.Garland	St Paul's	35.12	2017

OPEN EVENTS

BOYS

400m Hurdles	K Fawcett	Matamata	57.3 H	1973
3000m Walk	M Holcroft	Hamilton Boys	12.52.06	2011
Pole Vault	K Saunderson	St Peter's	4.30	1994

GIRLS

400m Hurdles	J Craig	Hillcrest	63.17	1981
1500m Steeplechase	J Falconer	Otumoetai	5.16.65	2000
2000m Walk	K Mabbett	Hamilton Girls	10.28.04	2007
Pole Vault	M Hamilton	St Peter's	3.45	1994

PARA EVENTS

BOYS

CP 100m	Jaxon Woolley	Papamoa	13.07	2021
WC 100m	Shakti Krishan	Hillcrest	25.12	2011
II 100m	Luke Hewitt	Western Heights	12.81	2015
CP 200m	Jaxon Woolley	Papamoa	26.45	2021
WC 200m	Shakti Krishan	Hillcrest	44.11	2011
II 200m	Luke Hewitt	Western Heights	26.41	2015
CP 400m	Jacob Phillips	Hamilton Boys	1.23.38	2012
WC 400m	Shakti Krishan	Hillcrest	1.37.79	2011
II 400m	Sunil Fernandez-Ritchie	Hillcrest	59.62	2011
CP Discus	Jacob Phillips	Hamilton Boys	28.01	2013
AMP/Other Discus	Troy Hill	Taumarunui	17.68	2013
II Discus	Dallas Hokai	Fairfield	16.18	2015
AMP/Other Javelin	Troy Hill	Taumarunui	6.93	2012
CP Javelin	Jacob Phillips	Hamilton Boys	25.80	2014
II 1500	Sunil Fernandez-Ritchie	Hillcrest	4.37.94	2011
II Long Jump	Luke Hewitt	Western Heights	4.88	2015
II Shot Put	Luke Hewitt	Western Heights	8.84	2012
VI Shot Put	Jordan Autridge	Morrinsville	8.85	2014

GIRLS

WC 100	Jessica Ladd	Fraser	28.32	2011
II 100	Nicole Martin	Goldfields	14.32	2011
WC 200	Jessica Ladd	Fraser	51.54	2011
II 200	Nicole Martin	Goldfields	30.73	2011
WC 400	Jessica Ladd	Fraser	2.05.70	2011
II 400	Nicole Martin	Goldfields	1.14.18	2011
II Discus	Tangiora Manuel-Hepi	Taupo-Nui-a-tia	8.85	2011
II Shot Put	Save Kapua	Matamata	5.58	2012

SCHOOLS

SCHOOL	UNIFORM COLOURS	ABBREV
ACG Tauranga	Navy top and shorts	ACGT
Aquinas College	Navy, forest green singlet and shorts, both with gold trim	AQUI
Berkley Middle School	Navy white trim shirt navy shorts	BERK
Bethlehem College	White and blue t-shirt, blue shorts	BTHC
Cambridge High School	Navy singlet or shirt (white/gold trim), navy or black shorts	CAMB
Cambridge Middle School	Sky blue/white T shirt, black shorts	CAMM
Church College of NZ	Royal blue tops and shorts	CHUR
Coromandel Area School	Black and gold	CORD
Edgumbe College	Olive green singlet/red badge, white shorts	EDCB
Fairfield College	Royal Blue singlet with red and white detail, blue shorts	FAIR

Forest View High School	Royal blue singlet, sky blue and white band	FORE
Fraser High School	Navy blue singlet, black shorts	FRAS
Hamilton Boys High School	Red/black singlet, black shorts	HAMB
Hamilton Christian School	Navy shirt with a touch of red and white	HAMC
Hamilton Girls High School	Maroon/black singlet, black shorts	HAMG
Hauraki Plains High School	Black and white singlet, black shorts	HAUR
Hillcrest High School	Navy top and shorts	HLCR
Huntly College	Red t-shirt, blue shorts	HUNT
John Paul College	Red top with white hoop and black trim, black shorts	JPCR
Katikati College	Green singlet, white shorts	KATI
Lake Taupo Christian School	Teal top, black shorts	LTCS
Mangakino High School	White singlets, light blue shorts	MGKH
Matamata College	Maroon	MATA
Melville High School	Green and white singlet, red shorts	MELV
Mercury Bay Area School	Blue shirt with white koru, black or blue shorts with koru	MERC
Morrinsville College	Blue top, Blue shorts	MORR
Mt Maunganui College	White singlet/red, white shorts	MTMA
Murupara Area School	Blue, white, light green tops, black shorts	MURU
Ngaruawahia High School	Green top, black shorts	NGAR
Nga Taiatea Wharekura	Orange shirt black shorts	NGTW
Opotiki College	White singlet and shorts	OPOT
Otorohanga College	Gold singlet, maroon 'Otorohanga', black shorts	OTOR
Otumoetai College	Sherwood green top and shorts white trim	OTUM
Paeroa College	Green and gold shirts and black shorts	PAER
Papamoa College	Navy, white and orange tops, navy and white shorts	PAPA
Piopio College	Black singlets, black shorts	PIOP
Putaruru College	White singlet, maroon shorts	PUTA
Raglan Area School	Navy Blue shorts teal shirt	RAGL
Rakaumanga School	Red and white shorts black singlet	RAKA
Reporoa College	Green top, black shorts school logo in gold	REPO
Rotorua Boys' High School	Navy singlet, red trim, red shorts	ROTB
Rotorua Girls' High School	Blue and maroon singlet, black shorts	ROTG
Rototuna High School	Blue singlet with orange stripes, blue shorts	ROTO
Rotorua Lakes High School	Navy, gold and teal singlet, navy shorts	ROTL
Ruatoki School	Maroon/white top black shorts	RUAT
Sacred Heart Girls College	White/maroon shirt, black shorts	SHGH
St Andrews Middle School	Black shorts grey/black lime green singlet	STAM
St John's College	Gold singlet, blue shorts	SJHM
St Pauls Collegiate	White/yellow/black singlet, black shorts	SPLH
St Peters School	Navy top with turquoise blue and red panels, Black shorts	STPC
Tai Wananga	Blue top, black shorts	TAIW
Tarawera High School	Teal blue and lime green top and teal shorts	TAWE
Tauhara College	Navy and Gold Top, navy blue shorts	TRRU
Taumarunui High School	Navy and Gold singlet, navy shorts	TMNH
Taupo-Nui-A-Tia College	Green shirts/singlets, green or black shorts	TAUP
Tauranga Boys College	Navy singlet and shorts	TRGB
Tauranga Girls College	Navy with white patterns	TRGG
Te Aroha College	Yellow top, maroon shorts	TEAR
Te Awamutu College	Blue singlets, white shorts	TEAW
Te Kauwhata College	White polo shirts	TEKC
Te Kura Kaupapa o Huiarau		TKKH
Te Kura Kaupapa o Ruamata		TKKR
Te Kura Kaupapa o Te Koutu		TKKO
Te Kuiti High School	Gold singlet, green band, gold shorts	TEKU
Te Puke High School	Maroon singlet with two white strips and navy shorts	TEPU
Te Whanau Apanui Area School	White shirt	TEWH

Te Wharekura O Te Kaokaoroa O Patetere	Blue,Black and White Shirt, Black shorts	TKKP
Te Whata Tau o Putauaki	Black tops with white side strips, black shorts	
Thames High School	Gold top, black shorts	THAM
Tokoroa High School	Gold t-shirt, bottle green trim, bottle green shorts	TOKO
Turangi ki Tongariro Area School	Green singlet with gold diagonal stripe	TONG
Trident High School	Royal blue singlet, sky /white swish on sides, black shorts	TRID
Waihi College	White shirt, black shorts	WHIC
Waikato Diocesan School	White singlets, red adidas shorts	WKDS
Western Heights High School	White singlet with light blue splashes, navy shorts	WHHS
Whakatane High School	Gold top, black shorts	WHAK
Whangamata Area School	Green shirt, black shorts	WHGM

JOIN A CLUB and IMPROVE YOUR ATHLETICS

Clubs provide:

Competition opportunities
Coaching
Advice
Social action
Support structures
National and International competition

Contact a Track and Field Club or Cross Country & Road Club in your area.
 Locate the details on



<http://www.athleticswaikatobayofplenty.org.nz/>

Play Hard, Play Fair!

Good sport is about positive attitude.

You can set the right tone and help make the meet a success.

Play your part – Play fair.

- Respect that people are involved in sport for fun and enjoyment
- Support good play and applaud good performance from all competitors
- Learn the difference between supportive and abusive comments and rule out the latter
- Display self-control on the sideline. Always be positive. Never shout at or ridicule athletes or officials
- Attempt to understand the rules of athletics
- Accept the decisions of meeting organisers, officials and coaches
- Show your appreciation to people who volunteer their time to make today's athletics meeting happen
- Remember that we are all capable of making mistakes
- Give it heaps but don't get ugly

