

Waikato Bay of Plenty Secondary Schools Cross Country Championships 2023

Venue: Waipuna Park, Tauranga

Date: Thursday, 8 June 2023

Host School: Tauranga Boys College

Course Description: Consists of 3 flat running areas separated by moderate downhill and uphill inclines to quite steep climbs. An all grass surface (except for short, artificial grass road and path crossings) generally in firm condition Suitable for spikes, running flats or bare feet although 400m of the walnut grove needs care for barefoot runners and, if wet, can be slippery in the uphill/downhill sections.

Programme: 10.30 am Managers' Meeting **near the finish area**

11.00 am Year 9 Girls 3000m (in year 9 and U15 on 31st Dec 2023)

11.20 am Year 9 Boys 3000m (in year 9 and U15 on 31st Dec 2023)

11.40 am Junior Girls 3000m (U16 on 31st Dec 2023)

12.00 pm Junior Boys 4000m (U16 on 31st Dec 2023)/all Para boys 2000m

12.25 pm Senior Girls 4000m (U20 on 31st Dec 2023)/all Para girls 2000m

12.50 pm Senior Boys 6000m (U20 on 31st Dec 2023)

Entries: This is an OPEN entry event – no qualification is required to compete other than that set by individual schools. **Entries close Friday 2 June 2023** and can be done online at <https://enternow.co.nz/enternow-app/wsss> . The Entry charge will be **\$3.00 per athlete**. Once you have completed your entries, you can download an Entry Confirmation. Invoices will be adjusted according to those who actually participate and will be emailed after the event

Race numbers will be issued for use on the day. As athletes exit the finish chute, they will receive a place card. They must then immediately report to the results tent to have their name and school recorded. Failure to do this will mean they are omitted from the results and their points will not count towards the team score

Points: For teams races: 3 person teams: The first three from each school count for team scores, 6 person teams: The first six from each school count for team scores. Schools can enter any number in each grade

Uniform: Ensure that your athletes come dressed and ready to run. Please wear the correct school athletics uniform as registered with WBOPSSA.

Facilities: Toilets are available. Please bring your own shelter if desired – there is space for tents. Food and Drinks will be available to purchase from Pippi's Café located in the park.

Parking: Available in Waipuna car park and beside the kerbs of Kaitemako Road.

UPCOMING EVENTS

Saturday 17 June: New Zealand Secondary Schools Cross Country Championships (Palmerston North)

All information is available at: <https://nzssaa.org.nz/> for Newsletters and Information and ONLINE entry. Entries close midnight June 9.

Individual and School team events for school 3 person and 6 person teams

Sunday 18 June: New Zealand Secondary Schools Regional Cross Country Relay Championships (Palmerston North)

This event will be held on the morning of Sunday 18th June at same venue as the Individual and Teams championships, the day after the New Zealand Secondary School Cross Country Championships. WBOPSS Boys and Girls teams will be selected to represent our region. Selection will be based BOTH on the performance at the WBOPSS Cross Country Championships and the New Zealand Secondary School Cross Country Championships. To be selected athletes must participate in the individual championships Saturday 17 June.

The age groups will be the same as those we are running at the WBOP Cross Country Championships this year.

More information about the New Zealand Secondary Schools Regional Cross Country Relay Championships is available on the NZSSAA website www.nzssaa.org.nz .

See WBOPSSAA Cross Country course map below

