

THE MANA ENHANCER

YVETTE MCCAUSLAND-DURIE

COACH
FOR LIFE
FOUNDATION

DOCUMENTARY DISCUSSION GUIDE
FOR YOUTH SPORT COACHES



Our ultimate goal is to educate and inspire all youth sport coaches to embrace a philosophy that prioritises the personal development and enjoyment of all children involved in sport ~ *at any level, age or sport.*

This winning philosophy is beautifully showcased in our latest documentary about inspiring netball coach and educator *Yvette McCausland-Durie - The Mana Enhancer.* While Yvette's '*person first~ athlete second*' approach has achieved outstanding and sustainable success at the elite level ~ more importantly it has positively changed the lives of hundreds of young athletes and students at the grassroots level too.

This accompanying documentary **discussion guide** provides further stimulus for all youth sport coaches, schools, junior clubs and sports organisations to have a chat, reflect and ultimately enhance the positive impact they can have enriching the lives of our children through sport.

***“A good coach can change a game,
a great coach can change a life ”***

JOHN WOODEN

COACHING PHILOSOPHY



What impresses you most about Yvette and her coaching philosophy?

What core values and traits does she best exemplify?

How does her coaching approach compare to yours?

“She has a mana enhancing way about her”

What does this mean to you
and in what ways does Yvette
exemplify this trait?

What are some other ways
you can ‘*enhance the mana*’
of young athletes?



“ We want those kids who are unbelievable on Saturday to be equally as spectacular Monday to Friday ”

What does Yvette's husband Nathan mean by this?

Do you agree and why?

What role does sport play in the holistic education? What life skills can be learned from sport?



GROW THE PERSON FIRST ~ ATHLETE SECOND

How has Yvette demonstrated this with her athletes?

Why is it important and what are the benefits of this approach for young athletes?

What are some of the ways you can better embrace this coaching philosophy?



COACHING SUCCESS

For Yvette, being a successful coach means far more than winning on the scoreboard.

What other ways of measuring success does she value?

What other 'winning ways' matter to you as a coach?

EMBRACING FAILURE

What are some of the biggest challenges Yvette has faced as a coach - and how did she respond?

How important is it for coaches to embrace learning from adversity?

How do you remove the '*fear of failure*' from the minds of your young athletes?



LOVE FOR COACHING



What do you love most about coaching young athletes?

What does being a great coach look like to you?

How would you like to be remembered as a coach?

***“Nobody cares
how much you
know until they
know how much
you care”***

JOHN WOODEN

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