

The following information will be of value to you as you prepare for the meeting.

Timeline:	
March 2024	Entry information into schools. Qualifying athletes are asked to be entered by their schools on ENTERNOW at www.enternow.co.nz/sportwaikato
Friday 22 March 5.00pm	ONLINE ENTRIES CLOSE REQUESTS for DISPENSATIONS CLOSE
Tuesday 26 March	Waikato-Bay of Plenty Secondary Schools Track & Field Championships, Tauranga Domain
Sat-Sun 6-7 April	North Island Secondary School Track & Field Championships, Manawatu Community Athletics Track, Palmerston North
Team Managers:	Each school is to nominate a Team Manager who is NOT to be an Official
Event Day:	9.00am Managers/Officials briefing ALL SCRATCHINGS for LANED track events to be declared at TIC 40 minutes before the event start time. 9.25am Events begin (except Hammer 8.00am) - please refer to Timetable for Order of Events
Postponement:	Any cancellation notice will be notified to schools first thing the morning and via the WSSSA website. It is extremely unlikely cancellation will occur.
Entry Fee:	WBOPSS Track and Field Championships entry fees are \$3.00 per athlete . They will be generated by the Enter Now Entry site as you enter your athletes. Schools will be invoiced following the championships with only those who participated being charged.
Gate Charges:	There are no gate charges. Costs will be covered by the athletes entry fees.
Conditions of Entry:	An athlete may be entered for a maximum of four [4] events plus the relay . An athlete can run a maximum of two [2] track events over 200 metres. Junior athletes are restricted to two [2] of the three [3] sprint races. All athletes must wear the correct school sports uniform. Officials will be asked to enforce these rules
Age Groups:	As at 1st January 2024: (athletes with their birthday on the 1 st are in the younger age group). Juniors Under 14 years Intermediate Under 16 years Senior Under 19 years (ORS funded Para Athletes Under 21)
EVENTS: Events Not Held at Zones	Hurdles, Hammer, Pole Vault, Walks and Steeplechase events may not have been held at your Zone meet. Managers must Enter athletes who wish to compete in the above events at the WBOPSSAA Championships direct through the ENTER NOW portal available for the WBOPSSAA Championships at www.enternow.co.nz/sportwaikato Zone records for these events can be established at the WBOPSSAA meeting. Pole Vault will not be held at the WBOPSS championships this year but competitors can indicate their interest in competing at the NISSAA championships.

Timed Finals 200m /300m /400m & Hurdles	TIMED FINALS will be held for 200 metres, 300 metres and 400 metres and all Hurdles races (i.e. no heats) The timed final divisions will be seeded as much as possible
Para Athletes Events:	100, 200, 400, 800,1500, Shot Put, Discus, Javelin, High Jump, Triple Jump and Long Jump. For field events these athletes, if they are Juniors (Under 16) will compete with the Intermediate age group or if Seniors, with the Senior age group (using the appropriate para weight in the throws).
GENERAL INFORMATION	
Starts:	A crouch start must be used for events up to and including the 400m. On all-weather tracks starting blocks must be used by athletes wearing spikes. Assistance will be given to athletes using starting blocks for the first time. Para Athletes may use a standing start if their impairment makes a crouch start difficult
Warming Up	All initial warming up for track events must be done on the grass area outside of the competition arena but can be completed on the track. There are to be no warm up throws except under the control of officials at the event.
Spike lengths	On all-weather tracks spikes must NOT be more than 6mm in length except for High Jump/Javelin where they maybe 9mm.
First Aid	It is strongly recommended that all athletes wear some type of footwear on the track to prevent blisters. Each School's own first aid kits should be made available for minor injuries for their own student athletes. First aid support is available at the First aid tent beyond the finish line. Schools are to bring their own icepacks for injuries. School should prepare their athletes with advice for <ul style="list-style-type: none"> ✓ SUN protection ✓ HYDRATION
Officials (staff):	Local schools will be allocated events to officiate by the Local Organizing Committee.
Food and Refreshments	Some food and refreshments including coffee and real fruit ice cream will be available for athletes and spectators to purchase.
Waikato Bay of Plenty Secondary Schools Regional Track and Field Championships	Qualifying Process for the WBOPSSAA Regional Championships The first six [6] place getters from the Central Zone qualify. The first six [6] place getters from the Tauranga BOP Zone qualify The first three [3] place getters from the Thames Valley Zone qualify The first three [3] place getters from the King Country, Northwest & South Waikato Zone qualify If an athlete does not finish in the qualifying positions but is of a suitable high standard to compete at the WBOPSSAA Regional Championships and all qualifying spots are not filled, they may be entered with discretion and approval of WBOP Secondary School Athletics Association Secretary Ange Russek . Please email all requests to Ange Russek angelar@stpeters.school.nz Dispensation for any athletes unable to represent their School at their Zone and who wish to compete at WBOPSSAA Championships must apply by contacting Ange Russek . Please email all requests to Ange Russek angelar@stpeters.school.nz

<p>Waikato - Bay of Plenty Secondary Schools Regional Team for NISS Track and Field Championships Saturday & Sunday 6-7 April Palmerston North</p>	<p>QUALIFICATION FOR NORTH ISLAND CHAMPIONSHIPS: There is a very short turnaround before this event so please ensure that top three place getters (and the fourth placegetter if they have achieved the selection standard in an event) confirm they are available to compete for the Waikato Bay of Plenty team at the North Island Secondary School Championships (NISS) by completing an online registration at the following link: North Island entry</p> <p>North Island team managers will be based at the St Peter's tent near the finish line and available to answer questions.</p>
<p>CONTACTS</p>	<p>WBOPSSAA Secretary: Ange Russek St Peter's School angelar@stpeters.school.nz - 07 827 9899 ext 490</p>

Notes to Managers:

- For **All General Information** for Competitors on Athlete Event specifications see the link below: [Event Specifications](#)
- You must enter your qualifying relay teams with the meet manager before lunchtime on the day of the event
- **Centre of track** to be kept as clear as possible – NO spectators in the Centre of the track. Athletes in Centre at Field sites must be sitting down at event site.
- The programme will start on time - no provision will be made for latecomers to events
- In field events competitors are entitled to three trials. The **six** competitors with the best performances after three trials will be allowed three extra attempts.
- This athletics meeting finishes at the completion of the relays.
- There is a grandstand for shelter
- **A limited number of rubbish bins are provided but** please take away any rubbish you generate and see the area around you is clean and tidy when you leave.