



WAIKATO

SECONDARY SCHOOLS
SWIMMING CHAMPIONSHIPS

Waikato Secondary Schools Championships 2024

Venue: Waterworld Aquatic Centre, Hamilton

Date: 30 May 2024

Warm up: 8.45 to 9.15am. Racing starts at 09.30am

Meet End: No later than 3:15pm

Short Course (25m pool)

Meet Rationale -

With a number of top ranked Secondary Schools in the country hailing from the Waikato, this meet is a great opportunity to see some of the top swimmers in the region go toe to toe as they rep their school colours. It is also a great opportunity for schools to field their strongest teams in search of regional bragging rights.

This meet will have a good mix of swimming athletes, swimming enthusiasts and those who are giving competitive swimming a go for the first time, all giving it absolute heaps!

We look forward to hosting you all in Hamilton and to watching a great meet!

This is a living document and amendments may be made. The information in this booklet is correct at the time of publishing. Swimming Waikato will not be held liable for any costs and expenses incurred by any person following changes to the information outlined in this booklet. Swimming Waikato reserve the right to use discretion and make judgements to the contents and rules outlined in this document.

Original: 15/03/2024

Swimming Waikato takes seriously, the Health and Safety of its members and all those involved in Swimming Waikato Events, we therefore ask that you familiarise yourselves with our H&S guidelines and protocols prior to attending.

For the latest information, please check the Swimming Waikato calendar to ensure you have the most up to date version.



EVENTS –

WAIKATO SECONDARY SCHOOLS - MEET EVENTS				
Event	Distance	Stroke	Gender	Event Type
1	50m	Butterfly	Female	HEAT
2	50m	Butterfly	Male	HEAT
3	50m	Breaststroke	Female	HEAT
4	50m	Breaststroke	Male	HEAT
5	50m	Backstroke	Female	HEAT
6	50m	Backstroke	Male	HEAT
7	50m	Freestyle	Female	HEAT
8	50m	Freestyle	Male	HEAT
9	100m	Butterfly	Female	TIMED FINAL
10	100m	Butterfly	Male	TIMED FINAL
101 (AWD)	25m	Butterfly	Mixed	TIMED FINAL
11	100m	Backstroke	Female	TIMED FINAL
12	100m	Backstroke	Female	TIMED FINAL
102 (AWD)	25m	Backstroke	Mixed	TIMED FINAL
13	200m	IM	Female	TIMED FINAL
14	200m	IM	Male	TIMED FINAL
103 (AWD)	25m	Freestyle	Mixed	TIMED FINAL
15	100m	Breaststroke	Female	TIMED FINAL
16	100m	Breaststroke	Male	TIMED FINAL
104 (AWD)	25m	Breaststroke	Mixed	TIMED FINAL
17	100m	Freestyle	Female	TIMED FINAL
18	100m	Freestyle	Male	TIMED FINAL

EVENTS CONT -

1	50m	Butterfly	Female	FINAL
2	50m	Butterfly	Male	FINAL
3	50m	Breaststroke	Female	FINAL
4	50m	Breaststroke	Male	FINAL
5	50m	Backstroke	Female	FINAL
6	50m	Backstroke	Male	FINAL
7	50m	Freestyle	Female	FINAL
8	50m	Freestyle	Male	FINAL
19	200m	Freestyle	Female	TIMED FINAL
20	20m	Freestyle	Male	TIMED FINAL
21	100m	IM	Female	TIMED FINAL
22	100m	IM	Male	TIMED FINAL
23	4 x 25	IM Relay	Female 14/u	TIMED FINAL
24	4 x 25	IM Relay	Male 14/u	TIMED FINAL
25	4 x 25	IM Relay	Female 15+	TIMED FINAL
26	4 x 25	IM Relay	Male 15+	TIMED FINAL
27	4 x 25	Free Relay	Female 14/u	TIMED FINAL
28	4 x 25	Free Relay	Male 14/u	TIMED FINAL
29	4 x 25	Free Relay	Female 15+	TIMED FINAL
30	4 x 25	Free Relay	Male 15+	TIMED FINAL

MEET CONDITIONS

ENTRY PROCESS –

- Entries for **ALL** swimmers to be submitted on [EnterNOW](#)
- Please contact Waikato Secondary Schools Sports Association at administrator@wsssa.org.nz if you need help with your entries or do not have your login details for enter now.
- Individual Entries and Relay Entries for the school via Enter Now close 8pm on Thursday 23rd May.
- Please note, club swimmers should provide times to their school, otherwise they will be noted down as having no time and put into the slowest heat.
- Payment – Swimming Waikato will invoice schools following the event.
- Entry Fees: \$ 13.00 per student (including GST)
- Technical Director – Susan Barriball
- Relay entries must be submitted via Enter Now. No relay entries on the day. Swimmers selected for relay teams must have competed in individual events at this competition.
- 3 entries per school per event per age group. No late entries on the day and no substitutions for individual events on the day will be permitted.
- 3 entries maximum per swimmer (excluding relays)

MEET SPECIFIC INFORMATION -

- This is a manual run development meet, with no touch pads, buttons etc. and only one timekeeper per lane.
- Swimming Up: Younger swimmers may swim in an older grade, however, must remain in this chosen age group for all individual events.
- Relay entries must be submitted with Individual Entries. No relay entries on the day. Swimmers selected for relay teams must have competed in individual events at this competition.
- **Age as at 1 January 2024**
- **Junior** - under 14yrs (13 & U)
- **Intermediate** - under 16yrs (14 & 15yrs)
- **Senior** - under 19yrs (16-18yrs)
- Relay age groups for events 23, 24, 25 & 26: 14 and under, 15 and over
- 14 and under swimmers may swim as 15 and over, but only if there are not enough swimmers available to swim in that grade. 14 and under swimmers who swim up are **not eligible** for their age group relay.
- Event 23 and Event 24: 4x 25m Medley Relay. Please enter swimmers in correct stroke order: Backstroke/Breaststroke/Butterfly/Freestyle
- Withdrawals: Scratching's must be handed to control by 8.45 a.m. on the day of the meet. No late entries on the day. Substitutions for relays only.
- Results available via Meet Mobile App when internet allows.

Athletes with Disabilities –

- Events 101 – 104 are only available to athletes with disabilities.
- AWD athletes may swim in any able-bodied event (50m-200m)

POINTS SYSTEM

Finals points – Individuals -

Finals points will be awarded to all swimmers for Finals of events 1-8, and Timed Finals Events 9-22 and Events 101-104. A swimmer must compete in the final to be eligible for finals points.

1st	2nd	3rd	4 th	5 th	6 th	7th	8th
20pts	16pts	14pts	12pts	10pts	8pts	6pts	4pts

Relay Points –

Relay points will be awarded based on placings as follows:

1st	2nd	3rd	4 th	5 th	6 th	7th	8th
40pts	34pts	32pts	30pts	28pts	26pts	24pts	22pts

Top School –

Awarded to the school that scores the highest points total in finals and timed finals for all events.

Top Boys' Team and Top Girls' Team Shields to be awarded to highest points total in finals and timed finals for all events.

ADDITIONAL COMPETITION INFORMATION -

- Participants who have entered this event agree to allow photograph, video, multimedia or film likeness taken by accredited photographers to be used for any legitimate purpose by Swimming Waikato, a club affiliated to Swimming Waikato or local media.
- Reseeding may be done at the discretion of the Technical Director.
- Over the top starts will apply for all events.
- Please exit the pool at the side. Do not swim over the lane ropes.
- Entry into the pool for backstroke events will be feet first. No swim back permitted.

Marshalling Procedure—

Self-Marshalling (Swimmer make their own way to their race)

Warm up procedure—

Lane 1 shall be for Para swimmers (if applicable) and Lanes 7 and 8 will be sprint lanes for the duration of each warm-up.

Results —

Live results will be accessible via Meet Mobile where the internet connection allows. Results will be posted on the Swimming Waikato and Waikato Secondary School Sport website.

Timekeepers Required –

- Assistance is required to run the event from Officials and Timekeepers. List of timekeepers' names and contact details to be sent in with school entries.
- Should an appointed official/timekeeper become unavailable the Meet Director should be informed immediately.
- We welcome the assistance from any visiting officials.

Swimsuit Requirements –

Please familiarise yourself with Swimming New Zealand's Inclusive Swimwear Policy.

[Inclusive Swimwear](#) (Bikinis are not accepted)

EMERGENCY & SAFETY PROCEDURES

Under the Health & Safety at Work Act 2015, it is necessary for us to advise you of the hazards that may affect you whilst attending a Swimming Waikato Meet.

[Swimming Waikato - Health & Safety Video - YouTube](#)

Notified Hazards -

Floor surfaces may be slippery when wet. *No running.*

Stadium concrete & seating may be slippery when wet.

Caution around electronic cords (Starting, Timing & Entertainment equipment)

Please advise the Referee or pool staff if you observe a potential hazard.

Please ensure any young children are aware of these hazards.

In General -

Please familiarize yourself with the pool layout, exits and equipment.

And please take time to discuss with your Club how you will react and look after your Club members in the case of an emergency.

In an emergency -

If you are required to contact Emergency Services, the address directions are:

“50m indoor Pool Waterworld Garnett Avenue Hamilton”

Please note that Pool Staff are trained in First Aid & CPR.

For evacuation -

Stay Calm _____

Three (3) loud blasts on the whistle by the Referee shall clear the pool.

Leave the pool complex as directed by Pool Staff or Swimming Waikato Technical Officials.

Assembly locations are dependent on the exit used—

Side door—assemble opposite the bike racks towards the front of the building.

Lido door — assemble out towards the boundary fence.

Main front doors—assemble opposite the bike racks.

Assist Team Managers and Officials to evacuate the swimmers safely.

Conduct a roll call to account for all persons (Swimmers and Adults) in **your** team.

Notify the relevant emergency Services as required.

During the Meet –

Please take care to ensure the health and safety of yourself and others.

Please leave the pool in a tidy state by properly disposing of all litter; please recycle where possible.

